PRACTISE OF PREPOSITAS—1588.

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A2 departure

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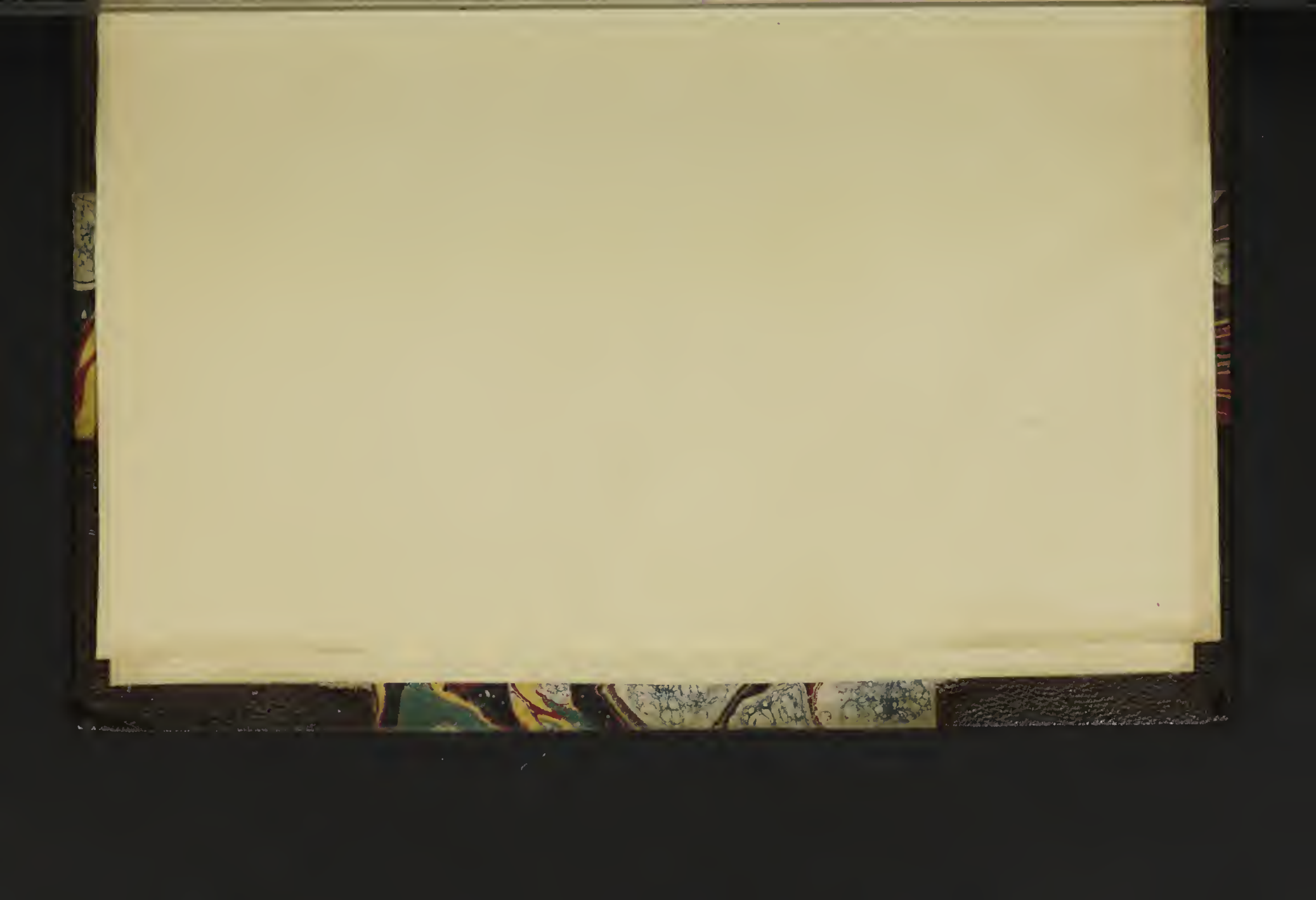

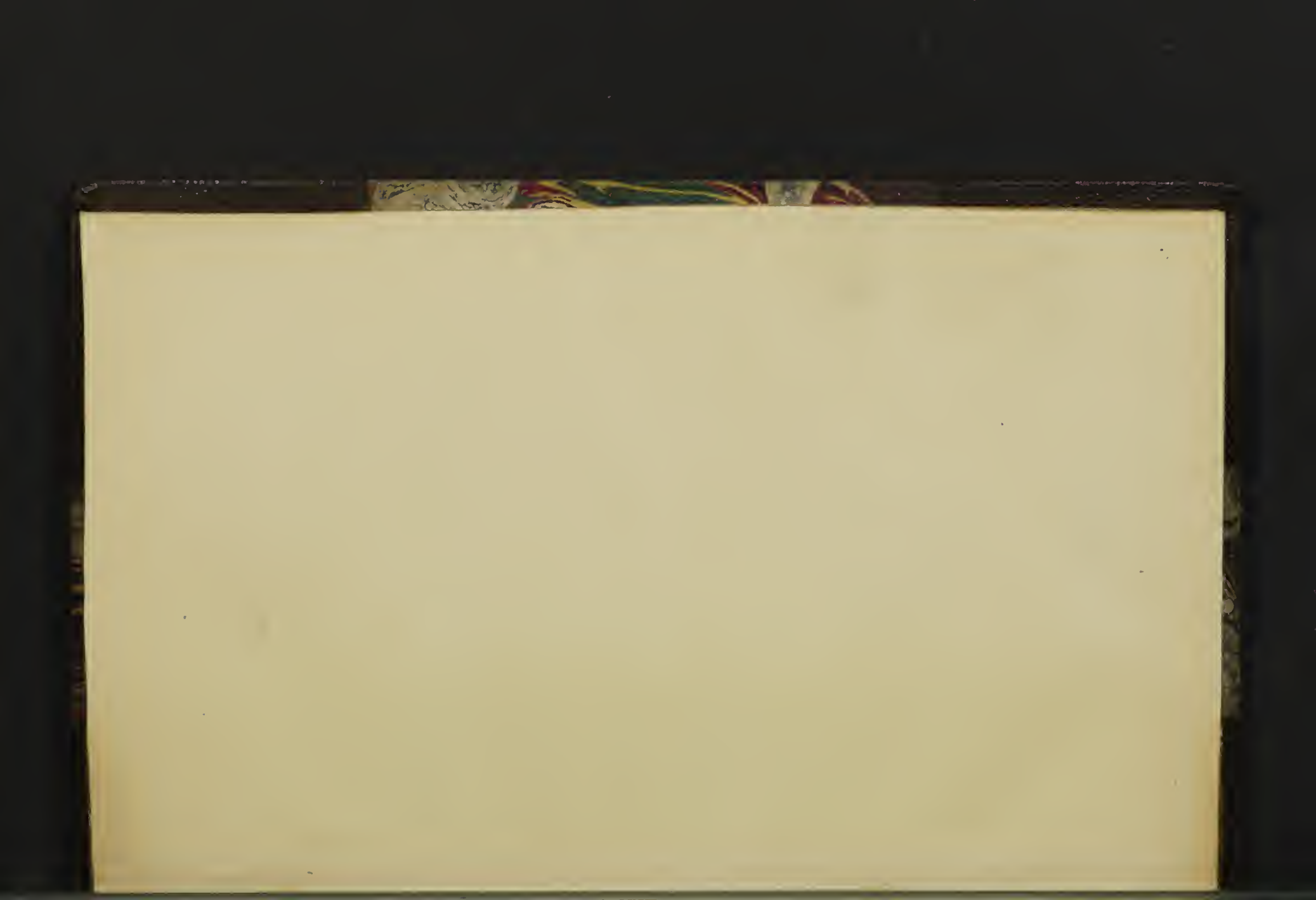

Prepoſitas his Practiſe,

A Worke very ne-

ceſſary to be vſed for the better preſeruation of the Health of Man.

Wherein are not onely moſt excellent and approued Medicines, Receiptes, and Ointmentes of great vertue, but alſo moſt pretious Waters, againſt many infirmities of the body.

The way how to make euery the ſaid ſeuerall Medicines, Receiptes, and Ointmentes.

With a Table for the ready finding out of euery the Diſeaſes, and the Remedies for the ſame.

Tranſlated out of Latin into Engliſh by L. M.

LONDON

Imprinted by Iohn Wolfe for Edward White, dwelling at the little North doore of Paules, at the Signe of the Gunne. 1588.

TO THE READER.

HEre haſt thou (gentle reader) a booke for thy profit, ſuch as in Engliſh I know not the like, for hearein maiſt thou readily finde medicines for ſundry diſeaſes, and how thy ſelfe maiſt make the ſame, or cauſe them to be made: alſo thou maiſt here learne to know the vertue and operation, aſwell of diuers herbes with their ſeedes and fruites, as alſo of gummes, ſpices, and other Apothecaries ſtuffe, and how thou maiſt apply them for thy helpe, either outwardly or inwardely. But as nothing can be of euerie man well liked: for ſuch a confuſednes is there of opinions, that rightly it may be ſaid: *Quot homines, tot ſententiæ*: and men in viewing of other mens bookes doe for the moſt part iudge partially, or els enuiouſly. *Homere* found a cauelling *Zoilus*, *Cicero* and *Virgil* wanted not ſuch as found fault with their workes, though moſt excellent: much leſſe may I looke to haue this booke ſpared of all buſie bodies, and that it ſhould paſſe without gainſaying: Some peraduenture will obiect that it is preiudiciall vnto phiſitions, Apothecaries, and ſuch other, that ſuch manner bookes as this ſhould be diuulged in the Engliſh tongue, and that the ſecretes of phiſicke ought not to bee participated vnto the common ſorte, but onely knowne of ſuch as be profeſſors of the arte. Hereto may be anſwered; that as to preferre the inſatiable gaine of a few, before the commoditie of the whole publike weale, were a thing againſt nature moſt iniurious and odious; ſo for to pleaſure a few men, to depriue all other of ſuch a benefit as concerne their health; yea, and their life alſo, for want of knowledge whereof many doe periſh dayly, were not onely great inhumanitie, but moſt oppoſite and contrarie to that which God in his law hath enioyned vs vnder paine of damnation; that is, *Loue thy neighbour as thy ſelfe*: and in deede many of the heathen gaue to be obſerued in generall, this, *Doe vnto others as thou wouldeſt be done vnto*. Neither can the learned phiſitions (as I ſuppoſe) be hindred hereby: for as a man that hath attained vnto ſome inſight and vſe of learning, in what arte ſoeuer, is carried with more delight and willing cheare to ſeeke for to get ſome more perfection therein, then he was when firſt he begun rudely, and hauing

no perceyuance in the saide arte: so, no doubt, when men or women shall, hauing read this booke, see and vnderstand how that there are in hearbes, plants, gummes &c. such seuerall vertues, and that of them diuers so holesome conserues, confections, sirops and other like may be made, which they haue vtterly beene ignorant of vntill now, they will be the better perswaded to like and esteeme of phisicke than heretofore they haue done, and more readie to seeke helpe and counsell of the learned phisition, without whose aduise, if the vnlearned would in difficult matters take vpon them to deale as phisitions, they might in stead of helping the diseased, doe him much hurt. Hardly can the vnlearned in phisicke iudge rightly of his owne disease, much lesse of the diuers diseases of others: Onely for some diseases ordinarily knowne, for which some are not able, and some dare not to seeke remedie at the phisition, no reason is that such yet should be vtterly debarred of that ordinarie helpe which God hath appointed. And if the learned in times past had beene so straitely bent to keepe hidden their knowledge from participating to others, or rather so enuious of other mens weale, as many now a dayes are iniurious, not in hiding their owne skill, but in seeking to bereaue men of the fruition of that good benefit of conseruing health, which, sundry learned men haue giuen generally to be published; farre to seeke had all men now beene of that perfection that they are come vnto. But, for that I hope the wise and learned will gainesay nothing that is beneficiall to the common weale; nor esteeme such a benefit, vnto them a preiudice, but rather a pleasure: I not waighing the vnsauerie speaches and contumelies of carping cauellers, will leaue to commend those things which being tryed shall sufficiently praise them selues. *Vale.*

The signes of the waightes, which the Pothecaries vse now a daies.

A graine.	is thus written.	Gra.
A scruple.		℈.
A dramme.		ʒ.
An ounce.		℥.
A pounde.		lib.
A quarter.		qr.
Halfe a quarter.		℔.
A handfull.		m.
Aureus.		aur.

Aureus doeth containe a dramme and a halfe.
Ana, signifieth altogither, and thus is written, Aū.

A pound.	doth containe.	twelue. ℥.
A quarter of a pound.		three ℥.
Halfe a quarter.		℥. ℔.
An ounce.		eight ʒ.
A dramme.		three ℈.
A scruple.		two ob.
A halfe peny.		three siliques.

One graine of Siliqua is as much as fyre graines of Lentieles, the which graine doubled fyre times, commeth to xxvi. and then they make a scruple, three ℈. makes a ʒ. viii. drammes makes a ℥. xvi. ℥. makes a lib. xx. wheate cornes makes a scruple also.

1. A verie excellent medecine, taken out of Actuarius the Phisition, which the Apothecaries call Antidotum sincritum.

Take of myrre xvii. ℈. of opium, the iuice of blacke popie xviii. ℈. of ammomum vi. ℈. of parsely xv. ℈. of the séed of smalage. xij. squinantum ix. ℈. casia egyptia foure ℈. white pepper foure ℈. blacke pepper xv. ℈. of the best mustard xij. ℈. of storax sixe ℈. siler montaine foure ℈. of the thickest part of the oyntment called hedicroy fiue ℈. of hony clarified as much as wil suffise in your iudgement, the quantitie of this which shalbe receiued at once, is one ʒ. take your storax with hony, sprinkle or cast on the oyntment dry, and séethe your opium with swéete wine, and sodden to the third part, til it be as thicke as hony.

This is good against a quartaine, long aches of the head, the turning sicknes, the falling euil, ouer much waking, francy, the paine of the eyes, the rumes, the toothache, shortnes of winde, sighing, old coughes from the lunges, the pluresie, and superfluous humors about the lunges, it causeth also the spittle to be thicke, and apt to auoyd, taken with idromel, which is made of hony and water sodden togither, if a man doo spit blood, then it must bee taken with assetum multum, which is made of vineger and hony, or els it ought to bee receiued with vineger mixt with water, or els with two ʒ. of the iuice of knot grasse, or plantaine, how be it yee must adde or diminish according to the strength of the patient, it is also a present remedie for the stomake, for it consumeth superfluous humours, and causeth a good appetite, it cureth the hycup, and stoppeth vomiting, it auoydeth winde from the stomake and from the lower partes, it helpeth the paine of the liuer, the yelow iawndize, and all diseases of melancoly, the griefe and heuines of the spléene, it engendreth good choler, it purgeth downward fleame and choler, it doth distribute the meat digested into his parts, it prouoketh vrine, and causeth grauel in the reignes and bladder to auoide,

auoide, it cureth ilica and colica passio, taken with drinke, it moueth a man to the stoole, and cureth inflamacions in short time, it doeth mitigate the gnawing and the paine of the belly, it doeth helpe and take away the ouer much stretching forth of the matrice, and when it cannot be easily taken in the mouth, then let it be ministred with the iuyce of fenicke at the fundement, euen so it wil take away all the paine of the lower parts, it doeth cure all diseases of the matrice, it asswageth the paine of women which labor of child, it cureth the mother and drawing vp of the matrice, and the stretching of it, it stoppeth vnnatural purgations, and purgeth flures of blod from the matrice, if it be taken alone or els with wine hote, we may also vse this in the gout of the feete, and in arthritica passio, which is a weakenes in the ioynts of superfluous humours, a kinde of the gout, in the beginning of diseases, we may know best the vertue of this medecine, which doeth not onely remedie all inward griefs, but also the palsie and those members which be weake and lose, if they bee therewith annointed, it doeth also recouer those which be in danger of life.

The verie wholesome medicine of Alexander the Phisition, called of the Pothecaries Aurea Alexandrina.

TAke of asara bacca, ỹ sæd of balme, the sæd of henbane, aũ. which is altogither two ʒ. ß. of cloues, mirre, cypres, opium, which is in the iuice of the blacke popie, aũ. two ʒ. the iuice of balme, cinamon, folium, indicum, setwall, ginger, coste, curral, casia, fistula, the gumme of tragantum, spike, wilde fenel, frankencense, cuphorbe, storax, calamite, cardamomum, siler montan, mustard: saxifrage, dill, annisæde, aũ. ʒ. ligny aloes, rhewbarberha, the confection called alipta moscata, ỹ stones of ỹ otter, galanga, opoponax, the fruit anacardine, mastick, brimstone vnslecked, pione, knæ holme, roses, time, gladian, penerial, both aristolochia, the long and the round gentian, the outer rinde of mandragora, germander, the berries of the bay tree, yelow

carrots, ammy, the rote of valerian, long pepper, white pepper, the wood of balme, called xylobalsamū, carawaies, ammonum, parsely, louage, the sede of rue, aū. ʒ. ℈. fine golde and siluer, litle perls, litle fishes called of the Pothecaries unguis odoratus, the bone in the heart of the red deere, the shauing of iuery, calamus aramaticus, pel liter of spaine, aū. nine graines of hony as much as your iudgement meke.

This is good against rumes of the head, which come of colde, the moyster and running of the eyes, the tothe ache, the head ache, if the head be therewith annointed, it doth also cure the falling euil, madnes, turning sickenes of the head, and to conclude al maner of diseases which be about ℈ head, it helpeth also those which be in a consumption, and those which be troubled with the cough, or haue superfluitie in the brest of humors, the gnawing and griping of the mouth of the stomake, which the Grecians call συγκοπην the Latines animideliquium, which is a fainting or sounding, it cureth spitting of blod, and sciatica passio, which is an ache in the hippes, or hocull bone of humors, it asswageth also the cholicke, and scoureth the reignes, it prouoketh urine, and cureth the strangurian, it breaketh the stone concaled in the reignes or bladder, it taketh away all diseases of the belly, it cureth cotidians and tercian agues, taken with the iuice of sticados in the beginning of the extreme fittes of the saide agues.

3 An odoriferous and pleasant medicine of Roses, made of Doctor Gabriell, called aromaticum Rosatum.

TAke red roses fifténe ʒ. licoras eight ʒ. ligutalocs, sanders, aū. two ʒ. cinamond fiue ʒ. mace, cloues aū. two ʒ. ℈. gummy arabic, tragantum, aū. two ʒ. two ϶. nutmegs, the greater cardamomū, galanga aū. ʒ. spinard grey amber aū. two ϶. of muske one ϶. of sirup of roses as much as will suffise.

This helpeth the weakenes of the stomake, and doeth comfort all the principall parts, it hath bēn proued against super-

superfluous humors of the stomake, it refresheth the braine and the heart, it causeth appetite and good digestion, both to those which be sicke, and also in health.

4 A pleasant medicine of Cloues made by Doctor Mesues, called Aromaticum gariophilatum.

TAke of cloues seuen ʒ. mace, setwall, galanga, yelow sanders, litle balles of roses called trochistes, diarodon, cinamond, ligny, aloes, spikenard, long pepper, the lesse cardamomum, one ʒ. roses, grated licoras, the confection called gallia moscata, folium indicum, cubebes aũ. thrée ℈. of amber one ʒ. of muske ℈. ß. of the sirup of pomisitron, as much as you iudge sufficient inough.

This cureth the stomake and the heart, stoppeth vomiting, it doeth also consume the corrupt humors in the stomake, and nourisheth all the principall members, it causeth heat and dissolueth winde.

5 A confection of muske made by Doctor Nicholas, called Alipta Moscata.

TAke of the best gumme of leade, thrée ʒ. of storax, calamitie, one ℥. ß. ligni aloes, two ʒ. stacte or the fattest part of mirhe, one ℥. of amber one ʒ. camphyre one ℈. ß. of muske ℈. ß. of rose water as much as will suffice.

This doeth helpe children which be short winded, and the straines of the brest, and for them that cannot kéep their milke, of this we may make very excellent perfume, which noble men be accustomed to vse, it is also often times mixt with electuaries.

6 The making of Acacie.

TAke the plant or braunch of the bulles trée, with the fruit, and laie it in a vessell with water certaine daies, and so stand, then séethe it vpon the fire, and strain forth the

the liquor, when it is strained, sæthe it againe vntill it bee thicke and kæpit in fine vessels like shels, and so dry it.

7. The making of Amili.

TAke good wheate and beat it lightly, not to small, and put it into a vessell of glasse, and set it in water, so that the water be aboue it two or three fingers, and so let it stand by the space of a night, in the morning presse it downe well vnto the substance, of the which ammily shal be made of, descending to the bottome, afterward straine it with a sive, and cast away the bran which swimmeth aboue, then cast foorth the water softly so that nothing remaine, then dry it with a litle cotten, let this be done in sommer, and also some dride, least it ware soure and so corrupt, and couer thy vessell with a fine cloth, that nothing fall in afterward, and when it is drye, then reserue it in a vessell with a strait mouth, so close stopped that nothing may enter in. If ye wil make this in winter, then ye must take hæde that it bee not soure, we must also prouide that it be some dride in sommer and in winter by the sunne, or in the winde, or nigh the fire, and thus ye may make amilum of rice,

8. Aqua Odorifera, a sweet water.

TAke of rose water foure lib. benswine, storax calamitie, cloues aũ. one ʒ. of muske and siuet twentie graines, and of camphire two ʒ. some put vnto this one ʒ. of ligny aloes, let them bee put into a vessell of glasse, couered with a couer hauing holes in it, and then let them boile in a vessell full of water, as it were in balneo mary, which is a glasse, or an other litle vessel, set within another, on the fire, this done, straine them with a fine linnen cloth, and so to be reserued in a vessell of glasse, wherein shalbe put fiftæne graines of muske, tempered with the same water, and set in the sunne, the space of fiftæne daies, and then it wil proue a swæte and a odoriferous water.

A medicine called Benedicta of Doctor Nicholas.

TAke of best turbith, suger aũ. ten ʒ. diacridion v. ʒ. wilde lilies, roses, aũ. fiue ʒ. cloues, spikenarde, ginger, saffron, saxafrage, long pepper, ammuni, cardamomum, the sæd of smallage, salgem, galanga, mace, carrawaies, fennel, sperage, knæholme or bochers broome, gromell sæd, aũ. one ʒ. of hony as much as wil suffice.

This doth cure the weakenes of the ioynts of humors, which is a kinde of the gout in the fæte of cold, it doeth also purge the reignes and the bladder.

A medicine called Balsamum, artificiall, because it is made with great art and cunning.

TAke turpentine twelue ʒ. gummi elomi, fiue ʒ. of rosen thræ ʒ. let them be melted togither, and when they bee melted mingle these pouders folowing, of aristolochia longa, two ʒ. of dragons blood, thræ ʒ. make these in great pæces. This medicine doth help both new and old wounds, and chiefly those that be about the head.

C. 11, A sweete confection of Muske, made by Doctor Mesues.

TAke saffron, the swæte rote of doronick, set wall, ligne aloes, mace, aũ. two ʒ. white perls, silke in pouder, amber, red corall, aũ. two ʒ. ℈. the confection which is called galia, aũ. two ʒ. ℈. galia moschata, basell aũ. ij. ʒ. ℈. ỹ two rotes of behen both white and red, spikenard, folium indicum, cloues, aũ. one ʒ. ginger, cubebes, long pepper aũ. one ʒ. ℈. muske one ʒ. two ℥. make this with hony not clarified, the fourth part of the waight of all the other.

This doth cure the trembling of the heart, and diseases of melancholy, & those men which bee heauy without cause, it is a remedie also for diseases about the braine, as the turning

ning sickness, the falling euil, the wrything or plucking of the mouth or necke on the one side, and all diseases of the lungs, and shortnes of wind.

12 A confection called Hamecke, made by Doctor Mesues.

TAke the foure kindes of myrrobolance, foure ʒ. rhubarbe. aũ. two ʒ. agaricke, coloquintida, polipodi of the oke. aũ. eighténe ʒ. wormewood, tyme, sene, aũ. one ʒ. violets, fifténe ʒ. the flower of the harder tyme, two ʒ. annisséde, roses, fenell, aũ. fyre ʒ. the iuice of femitory one lib. prunes in number threéscore, of raisons, of currans ℈ stones taken out, fyre ʒ. toall these things poure in a sufficient quantitie of whey, & put them into a vessel of glasse, which hath a straite mouth, and stoppe the mouth the space of fiue dayes, afterwarde, let them once boile againe, and then straine them, and dissolue into the straining three ʒ. of cassia fistula, and of the fruite of the wilde date trée, called of the Pothecaries, thamarind, fiue ʒ. of manna or wet dewe two ʒ. breake them with your hands, and straine them, then cast on suger one lib. ℔. stammony one ʒ. ℔. seeth them vntill they be as thicke as honny, then cast on them the pouder of all the fiue kindes of myrrobolance, rhetubarbe, the séde of fumytery, aũ. three ʒ. annisséde, spinard. aũ. two ʒ.

This cureth all diseases which come of salt fleame, choler, and chiefely the ringwormes, scabs, lepre, cankers, and such other.

13 A confection for the stomacke called, cerotum stomaticum, of Doctor Mesues.

TAke of red roses twentie ʒ. the leaues of wormewood fifténe ʒ. of mastike twentie ʒ. spinarde ten ʒ. beate them small, then take of virgin wax foure ʒ. the oyle of roses one lib. ℔. and make your confection.

There

There be some that doe wash the oyle and the wax, and then resolue them with a gentle fire, and afterwarde mingle them with the other, and so it is iudged to bee the better.

This doth mittigate inflamations and hote impostumes which be in the stomacke and liuer.

14 A confection for the eyes, called Collirum album, of Doctor Rhasis.

TAke of white lead washed ten ʒ. of ammyly, foure ʒ. of gummi arabike, the gummi tragantum, aũ. two ʒ. of camphori ʒ. ℈. make those in pouder which be fit to be made in pouder, and dissolue them in rose water, and afterwarde make thereof litle balles.

15 A conserue of Bugloss.

TAke the leaues of bugloss, one lib. beate them in a morter of stone, and then cast vpon them three lib. of suger, make your conserue like to opiata, which is a thinne electuarie. This comforteth the stomacke, and helpeth diseases which come of melancholly, and wounding & troubling of the hart, it purgeth choller also.

16 A conserue of the flowers of Rosemarie.

TAke of the flowers of rosemarie, lib. ℈. of suger one lib. ℈. make your conserue.

This doth comfort a moist braine, and helpeth hard or stiffe members, it purgeth also melancholie and fleame.

17 A conserue of Borage.

TAke of the flowers of borage foure ʒ. of suger twelue ʒ. make your conserue according to the same.

This doth remedie the trembling of the hart, and soun-

ding, it purgeth also melancholie, and causeth a man to be merrie.

18 A conserue of Roses.

TAke of the leaues of roses one lib. beate them in a morter of stone, then cast vpon them suger three lib. make your conserue after the fashion of opiata.

This doth comfort the stomacke, the hart, and all the principall partes, it doth also mollifie those partes which be hard, it purgeth melancholie,

19 A conserue of Violets.

TAke of the flowers of violets one lib. beate them in a morter of stone, and cast vpon them three lib. of suger, make your conserue according.

This doth cure inflamacions of choller, it quencheth thirst, and moueth a man to the stole.

20 A conserue of Maidenhaire.

TAke of maidenhaire one lib. beate it in a morter, and put suger vnto it as in the other.

This helpethe the pluresie, and diseases of the brest, the lungs, and all diseases of melancholie, and red choller.

21 A conserue of gladian.

TAke of the roots of gladian one lib. seeth it in water vntill it be well sodden, afterwarde drye it, and search it through a seeue, and then set it on the fire againe, and put in three lib. of suger vnto it, make this conserue like the electuarie opiata.

This remedieth diseases of the braine, and the sinnowes and fleame.

22 A conserue of Enulacampana.

TAke of the root of enulacampana two lib. seeth it wel, afterward drye it, then search it through a seeue, and set it on

on the fire againe, and put fyre lib. of suger vnto it, and reserue it.

This doth comfort the stomacke and the principall members against fleame.

23 A conserue of Succory.

TAke of the flowers of succory, one lib. and beate it in a morter of stone, then cast vpon them three lib. of suger.

This purgeth melancholie, and also it purgeth well choller.

24 A conserue of Sorell.

TAke of sorel lib. ℔. and beate it as ye did the other, and cast then vnto them of suger lib. ℔.

This is good to helpe cholerike persons.

25 A concoction of Quinces.

TAke of quinces as you shall thinke good, and seeth them, take of the decoction of them three lib. of suger one lib. ℔. seeth them well, and reserue them: some Pothecaries put in the whites of egges when they be clarified.

An other way of making this confection of Quinces.

TAke the seede or kirnels of quinces, foure ℥. temper them by the space of halfe a day with three lib. of the iuice of quinces, then boile them a litle, and straine them and cast vpon two lib. of suger, afterward seeth them well, and keepe them in boxes.

26 A conserue of the substance of the apple of the quince.

TAke of quinces fyre lib. seeth them, and when they bee sodden, put vnto them foure lib. of suger, and seeth them well, as you did before, and then keepe them in litle boxes.

D. 27. A confection of Galanga of Doctor Meſues, called Dia Galanga.

TAke of galanga, lignum aloes, aũ. ſiꝛe ʒ. of cloues, mace, louage, aũ. thꝛée ʒ. ginger, long pepper, cinamond, white pepper one ʒ. ℈. of calamint dꝛy, of dꝛy mint, aũ. one ʒ. of cardamomum, the leſſe, ſpikenard, the ſéede of ſmallage, fennel, anniſéede, carawaies, aũ. one ʒ. calamus aromaticus one ʒ. of the beſt ſuger ten ʒ. ℈. of hony clariſied as much as wil ſuffice.

This doth cure diſeaſes which commeth of winde, and belching which ſéemeth to bee ſharpe in the mouth as vineger, it is pꝛoued to cauſe gꝛod digeſtion; it comfoꝛteth the functions of the ſtomake, and the liuer being cold.

28. A confection of Commin called Diacominum.

TAke of comin laid in vineger, the ſpace of a day, and afterward dꝛide, eight ʒ. one ℑ. of cinamond, cloues, aũ. two ʒ. ℈. black pepper and ginger aũ. two ʒ. gra. ſiue, of galanga, ſauery, calaminte, aũ. one ʒ. two ℑ. ammy, louage aũ. one ʒ. xviij. gra. long pepper, one ʒ. ſpikenard, cardamomum, nutmegs, aũ. two ℑ. ℈. of hony as much as you ſhall thinke méete.

This helpeth the ſtomake, and the pꝛincipall partes which be troubled with winde, it cauſeth gꝛod digeſtion, and bꝛingeth heat to the ſtomake, and to the pꝛincipall parts.

29. A confection of Ambre called, Dia ambre.

TAke of cinamond, adoꝛonic, cloues, mace, nutmegs, the leaues of galinga thꝛée ʒ. the greateſt cardamomum and the leſſer aũ. one ʒ. ginger, ſanders, ligni aloes, long pepper, aũ. two ʒ. of amber one ʒ. ℈. of mulke ʒ. ℈. make it with the ſiꝛup of roſes, and with the water of roſes.

This

This fortifieth the braine, the heart, the stomake, and all the principall parts of the members, it causeth good digestion, and maketh a man merry, and engendreth heate in the principall parts, it is very comfortable for old men, and to those which be colde of nature and of complexion, and to women it also cureth the diseases of the matrice.

30. A confection of Perles of Doctor Nicholas, *Diamargaritum Calidum.*

TAke of cloues, cinamond, spikenard, ligne aloes, galanga, licoras, litle balles of roses, called trokisti, diarodon, litle balles of violets aũ. one ʒ. ℈. nutmegs, mace, the confection of muske, setwall, rhubarbe, storax calaminte aũ. one ʒ. perles, ginger, the bone in the heart of the red dere, the shauing of iuery, litle fishes, which the Pothecaries call unguis odoratus aũ. ʒ. ℈. muske, amber, cardamomum, lonage, the sede of basel aũ. one ʒ. two gra. of camphire, sixe gra. of hony, rosatum, as much as wil suffice.

This doth cure the weaknes of all the bodie, sounding, and fainting, both of the stomake and the heart, it comforteth the liuely parts of those which be pensiful and sad, sighing, or haue the cough, or be in a consumption, it also recouereth those which be weake of long sickness.

31. *An* other confection of Perles, called *Diamargaritum Frigidum.*

TAke of all the kindes of sanders, the floures of roses, the floures of violets, the sed of millons, litle bales of roses called trokysti, diarodon, silke made in pouder, aũ. two ʒ. the bone of the heart of the red dere, spodie, dornonicke, the rote of both behen, the white and the red, spikenard, saffron, aũ. two ʒ. perils, shauing of iuery, saphire, floure gentle, iacinct, emerode, sede of sorell, sede of endiue, ligni aloes, a graine of amber, aũ. ʒ. ℈. of fine gold one ʒ. camphure one ʒ. of muske two grains, mixe them and make thereof a pouder.

32. A confection called *Diacomeron.*

TAke of ẏ grosse lenis, ginger, aũ. v. ʒ. one ℈. sixtéen grains, of cinamond, of the best cloues, aũ. thrée ʒ. one ℈. sixtéene graines, as much of the substance of dates, galange, spikenard, setwall, cost, the pellitorie of spaine, white corall and red, of the gumbe tragantum, rha, spike, the fruit anacardim, the stones of dates, the séede of balme, annisséd, iuniper séede aũ. one ʒ. two ℈. eight graines, shauing of golde, the bone of the heart of the red déere, aũ. two ℈. ℘. shauing of iuery, of muske, aũ. one ℈. graine sixe of amber, one ℈. of hony, roset, as much as you shal thinke best, this confection is not made of some Apothecaries, nor it is not greatly vsed, yet other some chiefly doo occupie it very much.

This wil recouer a man from danger of death vnto life, it also helpeth those which be short winded, or haue any disease in the winde pipe, or the cough, or bee in consumption, it cureth all diseases of the brest and stomake, the dropsie, pain in the reigns, it bringeth mirth, & causeth a man to bee lustie and fat.

33. A confection of Roses, called Diarodon Abbatis.

TAke of sanders red and white, aũ. two ʒ. ℘. of gumbe, tragantum, gumbe arabicke, spodie aũ. two ℈. asarabacca, masticke, cardamomum, saffron, spikenard, the iuice of licoras, cloues, muske, annisséd, fennel, cinamond, rhubarbe, and basel séed, barberies, séed of wilde succory, séed of purselin, séed of white poppie, séed of goords, cowcumbers, millons, cytrons aũ. ℈. ℘. perles, the bone of the heart in the red déere, aũ. ℈. ℘. suger candie, roses, aũ. one ℥. thrée ʒ. of camphyre eight graines, of muske one ʒ. gra. ℘. make this with the sirup of rose water.

This doth helpe the yelow iaundise, the weaknes of the liuer, consumptions, & diseases about the hart, & those which be troubled with a heat about the stomake, lunges, or the whole bodie, and also those which recouer from long and hote agues.

34 A confection of Calamintes, of Doctor Nicholas, Diacalamintes.

Take calamintes, penirialt, hisope, blacke pepper, silar montan, parsely, aũ. thrée ʒ. two ℈. of louage one ʒ. one ℈. of smallage, ammy, time, dill, annisæd, cinamond, ginger, aũ. two ℈. of hony as much as wil suffice.

This doth cure faultes of the stomake which come of cold, and causeth digestion, and chiefly in old men, it taketh away the cough which commeth of cold causes.

35 A confection of the three peppers, of *Doctor* Nicholas, called *Diatrion* Pipereon.

Take of the thrée peppers eight ʒ. ℔. ginger, time, annisæd aũ. thrée ʒ. spikenard, ammy, amomum, cinamond aũ. aur. one casia fistula, siler montan, enula campana, dry, aũ. aur. ℔. make it with hony clarified.

This doth engender heat in the stomake and the belly, it remedieth all paine of flegmatike causes, it purgeth the stomake of raw humors, and helpeth digestion.

36 A confection of hore hounde of D. Nicholas called *Dia* Prasium.

Take of grœne hore hounde flue ʒ. ℔. tragantum, piaples, swœte almonds of fistici, which is a kinde of nuttes, the substance of dates, moist figges, raisons, of currants, the stones taken forth, aũ. thrée ʒ. ℔. cinamond, cloues, nutmegs, mace, galanga, ligny aloes, spinard, ginger, setwall, licoras, rha, anacardin, storax, calaminte, galbalum, turpentine washed, of masticke, mirhe, flowredeluce, aristolochia rotunda, the rote of sipers, blacke pepper, annisæd, dyll, fennell, sæde of smallage, parsely, saxefrage, aũ. two ʒ. wilde lylies, organy, wormewood, squinantum, cardamomum, white pepper, carawaies, louage, daisie, aũ. one ʒ. ℔. gra. two ℔. pelitary of spaine, water mint, peneriall, dittan, coste, sa-

uery, baſill, piony, long pepper, ammomum, orobus, aũ. one ʒ. two gra. three ℈. the wood of balme, caſſia fiſtula, coral, ſhauing of iuery, ſeed of balme, yelow carrot, aũ. ʒ. ℔. muſke, amber, the bone in the heart of the red deere, aũ. xiij. gra. of hony clarified as much as ſhall be ſufficient, and make it after this forme following: Put in foure lib. of clarified hony fiue ʒ. of greene horſe hounde beaten, and yong piapilles pared, put alſo vnto them three ʒ. of the beſt old wine, and let them boile togither, with a ſoft fire, vntill the wine bee conſumed, let your dry figges bee made cleane within and without, dreſſe likewiſe your dates, and let your raiſons bee picked, dreſſe likewiſe your pineapples, your almonds, and your nuttes fiſtiſe, dry euerie one of them by themſelues, afterward beat them in a morter wherin they were before, and mingle them with theſe ſpices which wee haue ſpoken of before.

This doth cure the weaknes of the ſtomake, and chiefly rumes, and the braine of cold, the turning ſicknes, the eye ſight, and the winde pipe which is troubled with groſſe fleame, it doth alſo mitigate the paine of the toothe ache.

37 A medicine of Floredeluice, called diaires Simpleiſis.

TAke of the flowredeluce one ʒ. ſuger candie, tragantum cold, which is a rote, aũ. three ʒ. mingle them & make them in pouder.

38 An other medicine of Flowredeluce, diaris Salomonis.

TAke of flowredeluce, one ʒ. peneriall, iſope, licoras, aũ. ſir ʒ. the gumme tragantum, almonds, pineapples, and cinamond, ginger, pepper, aũ. three dry figges, the ſubſtance of dates, raiſons, of corants picked, aũ. three ʒ. ℔. ſtorax red two ʒ. one ℈, of hony as much as will be ſufficient for your purpoſe.

This

This is good against the cough and shortnes of winde, and it also restoreth the speech lost.

39 A medicine of gumme Tragantum, called Diatragacantha Calida.

TAke of the gumme tragantum, and hisope, aū. foure ʒ. pineapples, both the kindes of almonds blanched, linsæd, aū. sixe ʒ. the sæd of fenikrike, cinamond, aū. ʒ. ℈. licoras, and of the iuice of it, ginger, aū. two ʒ. make a pouder of these.

This is ministred in the hardnes and straitnes of the brest, which commeth of grosse and cold causes.

40 A medicine of the roote of Traganti, called Dia tragacantha Frigida.

TAke of the white tragantum two ʒ. gummy arabicke one ʒ. two ʒ. amili ʒ. ℈. of licoras two ʒ. of penidis three ʒ. the foure greater cold sædes, pared and picked aū. two ʒ. of camphire, ʒ. ℈. of the sirup of violets as much as will suffice.

This doeth cure all diseases about the lunges, the brest, and chiefly those which bee in a consumption and ill liking, the pluresie, the cough, and those which be hote and dry, the roughnes of the tong and the throt, let the pacient hold it in his mouth, and swallow it downe when it is melted.

41 A confection of Mulberries, of D.M. called Diamoron Posno.

TAke of the iuice of mulberries, lib. ℈. the iuice of blacke berries, one lib. of hony, lib. ℈. sodden in swéete wine to the third part of thrée ʒ. make it after this forme, let your iuice boyle with your hony and swæt wine, with a soft fire, in a vessell of braste or tin, vntill it be wel sodden, & to know when it is well sodden, yee must take a droppe of it and

laie it vpon a marble stone, if it will bide vpon the stone, and cleaue like hony, the stone turned vpside downe, then it is well sodden, this done, straine it and kéepe it in a vessell of tinne.

This is good against sores in the throate, and all kindes of swelling.

42 A confection of blacke Poppie, D.
Dia Codion.

TAke ten heads of blacke poppie, not too great nor too small, nor too moist nor too dry, cast on them, two lib. ℔. of raine water, and if they haue more moisture then driues, let them lie in the water a day and a night, but if they bee drier, then let them lie longer, then after this, séethe them vntill halfe the water be consumed, and so straine it.

This is ministred in all fluxes, and chiefly in the bloodie flux, with the decoction of raine water, in the which spodie hath béen sodden in, or with rose water, it doth also stop the flux of meate vndigested, which the Phisitions call lienteria.

43 A confection of Poppie white, D.M.
Dia Papauer.

TAke of white poppie, fiue and twenty ʒ. swéet almonds blanched, the graines or kirnels of pineapple, and gum arabicke, gumme tragantum, the iuice of licoras, aũ. ten ʒ. of ammili foure ʒ. the séede of purselin, the séede of lettise, kirnels of quinces, aũ. foure ʒ. of saffron, one ʒ. of penides foure ʒ. take of the sirup of poppie as much as will bée sufficient.

This helpeth those which bee in a consumption, and those which cannot slæpe.

A

44 A confection of saffron called, dia curcuma.

TAke of saffron asarabacca, parseley, yealow carrots, anisæde, the sæde of smallage, aũ. foure ʒ. rhubarbe, and wilde fennill, spikenard, aũ. sixe ʒ. coste, the berries of myrtilltree, casia fistula, squinantum, the sæde of balme, madder, iuice of wormewood, iuice of egrimonie, iuice of balme, aũ. two ʒ. calamus aromaticus, cinamon, aũ. one ʒ. ℈. wilde garlike, ceterac, the iuice of licoras aũ. two ʒ. ℈. the gum tragantum, one ʒ. make it with clarified honny.

This cureth olde diseases, and the euil liking and deformitie of the bodie, when the meate being receyued, doth not nourish but is corrupt in the bodie, it also helpeth the dropsie, the diseases of the liuer, and the spleene when they be hard, or indurat, it purgeth the stomacke of corrupt humors, cold and windie, it purgeth and mitigateth paine in the raines and bladder, it prouoketh vrine.

45 A confection of the hearbe Saturion, dia Saturion.

TAke the roote of saturion which is like stones, the garden parsnip, the nut of inde which is called of the Apothecaries, fistici, stirwits, cloues aũ. twelue ʒ. ginger aniseed, roket, of birdes tongue or stych wort, sixe ʒ. cinamon, the tailes of small crocodilles in the riuer of Nylus of the same kinde that the crocodilles of the earth be on, crow garlike, two ʒ. ℈. of sixe gra. make it after this forme, put the rote of saturion in so much clarified honny as will suffise, let also your parsnips and stirwits be well beaten by themselues, then put them into the same honny, and stirre them well, and let it sæth a certain space, then mingle with them your principals, your nuts fistici, first well stamped, when they haue boiled a litle while, then take them from the fire, and put vnto them the pouder of the spices, and at the last put in your muske with rose water.

This doth restore and fortifie the weakenes of the

raines of the bladder, it prouoketh vrine, and moueth a man to venere.

46 A confection of prunes Do.N.dia prunes.

TAke a hundreth of damsons, and put them in a vessel of tinne, with so much water as will couer them well, and let them boile till they be soft. then take them from the fire, then let them stand till the water be luke warme, then take them out of the water, and put them into a sæue ouer a great vessell, and chafe the prunes so long with your hands that nothing remaine but the stones and the skinnes, then put into the water the which the damsons were sodden in before one ʒ. ℈. of violets, and boile them, and make a sirrop with two lib. of suger, into the which sirrop, put the substance of the prunes, and let them seeth vntill they be thicke, then put into the same water one ʒ. of cassia fistula washed, put also thereto one ʒ. of the fruite thamarinde dissolued and strained into the water, remember also that you boile in the same water of prunes, one ʒ. ℈. of violets, and seeth them well, stirring them continually, and when they bee well sodden, then take them from the fire, and sprinkle on these pouders following: saunders, spody, rhubarbes, roses, violets, the seed of purselyn, the seede of succory, barberies, the iuice of licorace, the gumme tragantum, aũ. two ʒ. the foure gileter colde sædes, aũ. one ʒ. if you will make it laxatiue, put vnto euerie pounde when it is taken from the fire, ʒ. ℈. of stammony, dia prunes, not loosing, is ministred in hote and burning agues, chiefely in sinocho which is a continuall feuer of corrupt humors, in this ague it may safely bee giuen in the beginning, increase, and at all times, and without diagredion it may bee giuen at all houres of the day, with diagridion, in the morning, but circumspectly because it is verie laxatiue.

A con-

47 A confection of dates, of D. M. diaphenicon.

TAke of dates infused in vineger three dayes and three nights, fyre ʒ. two ʒ. of penidis which be litle withes of suger dissolued in a decoction of barley three ʒ. one ʒ. of almonds blanched, fiftéene ʒ. of turbith two ʒ. ℈. of stammony fyre ʒ. ginger, long pepper, the flowers of reid dryed, cinamond, mace, galanga aũ. one ʒ. graines fiftéene, beate them well, and make them with clarified honney.

This doth cure mixt agues of diuers humors, the chollike, and the paine in the bellie, it also purgeth raw humors of colde.

48 A confection of garden Saffron, called dia cartamum.

TAke of the rote of tragantum ʒ. ℈. the substance of quintes one ʒ. the thickest of the chyues of saffron, foure ʒ. of white ginger, two ʒ. dia gridion three ʒ. white turbeth fyre ʒ. Manna or sweete dew, Melrosatum, which is a confection of Hony and Roses strained, one ʒ. of Suger, eight ʒ. wilde lylies, foure ʒ. and make a lectuary putting vnto it as much hony as will suffice.

This is good to purge choler and fleame.

49 A singular confection of corrall, called dia coralium magistralem.

TAke of the spices of the confection diarosdon abbatis, which we did speake of before, foure ʒ. of both corals, little peeses of peris aũ ʒ. ℈. beate them into fine powder, and put vnto them of suger resolued in water of roses, seuen ʒ. ℈. and make them into small peeces.

This doth comfort the heart, the stomacke, and chiefely those that haue beene long sicke and colde.

50 A con-

50 A confection of Casia fistula for glisters.

TAke of the flowers of violets, the leaues of mallos, mercury, pariatory, aũ. m. of the common wormewood. m. ℈. take all these grœne and young, and make a decoction thereof, with a sufficient quantitie of water, then straine them and presse them with your hands, in the stirring you must dissolue one pound of casia fistula, and one lib. ℈. of the best honny. This purgeth and moueth a man to the stoole, it is verie expedient for tender and delicate persons, because it is gentle in operation.

51 A confection of Sene, of D. N. called dia Sene.

TAke of ligni aloes, cloues, galanga, notmegs, folium indicum, mace, cinamon, aũ. two ʒ. the stone lazare, the stone armenicke aũ. two ʒ. ℈. take of sene twice so much as of all the other, of saffron one ʒ. of silke not dyed nor coloured, but as it cometh from the silke wormes, made in pouder, aũ. two ℥. of the shauing of Iuory, spody, anacardine, the bone in the hart of the red Deare, litle fishes called vngnis odoratus, aũ. two ʒ. wilde lillies, one ʒ the berries of myrts gentian, the berries of the bay trée, elleborus, niger or beare foote, aũ. two ʒ. wallnuts made in pouder, fiftœne in number, of amber two ℥. of honny as much as will suffice: and to heale the lepre, some Phisitians mingle with these serpents, flesh.

This doth remedie all diseases of melancholy, and madnes, cardiaca passion which is a gnawing and a gryping about the stomacke, it taketh away heauines, quartaines, and diseases of the spleene, this confection is not greatly vsed among Phisitions.

52 A confection for the brest, called decoctio pectoralis.

TAke of dry hysope, maidenhaire, figs, dates, sebestes, raisons, of corans, barley, licorace, aũ. equall partes, boile

boyle these together with a sufficient quantitie of water, then straine them and reserue them.

This doth allwage all paines about the brest, it cureth also the cough and horsenesse.

53 A common decoction called decoctio communis.

TAke of prunes, wilde dates, resons, of corance, violets, liquirice, barley, aũ equall parts, boyle them in a sufficient quantitie of water, so straine them and keepe them.

This is much vsed in hot agues and other hot diseases, and when the time is hot, and to temper medicines which be receiued in such hot agues and times, this decoction is chaunged according to the diuersitie of diseases, because some be hoter than other.

E. 54 An electuarie which the Pothecaries call Catholicum.

TAke sene washed, cassia fistula washed, thamarind, aũ. eight ʒ. rhubarbe, violets, polipodi, annisseed, aũ. foure ʒ. of lichoras scraped, peuidis, sugercandie, aũ. foure ʒ. the fowre greater cold seedes, aũ. one ʒ. take a pounde of polypodi, and beate it and sæth it well in water, straine it, then make a syrope with eight. lib. of sugar, temper your cassia fistula and the fruite of the thamarind together, and when the decoction is almost made, put them in with the other spices, and make an electuary thereof.

This is ministred in hot and burning agues, because it doth mollifie, disperse, and comfort, it doth also cure diseases of the liuer and the spléne.

55 An electuary of the iuice of roses of D. M.

TAke of sugar and the iuce of roses, aũ. one lib. foure ℥. of ẏ thrée saunders aũ. sixe ʒ. of camphyre, one ℈. temper it after the forme of a lectuarie, with a sirroppe made of the same sirroppe of roses.

This doth purge choller easily, and healeth hote diseases in the ioyntes, the head-ach, the turning sicknes, the paine of the eyes, and it hath béene proued against the yelow iaundis.

56 An electuarie of fliwort, which the Pothecaries call Psillum of D. N.

TAke of the iuice of buglosse, both the garden and the wilde, the iuice of endife, the iuice of smallage sodden altogether and fined, aũ. two lib. cast vpon them the séede of dodder, annisséed, the coddes of sene, aũ. ℥. ß. of maidenhaire, one m. the iuice of fumitore thrée ℥. of asarabacca foure ℥. spiknarde, two ʒ. let them lye a day and a night, and then set them on the fire, and suffer them once to boile, then cast vpon them thrée ℥. of violets greene or drye, foure ℥. of the harder tyme, two ʒ. boile them once againe with a soft fire, then straine them, and when they bee strained, put vnto them three ℥. of fliwort, and let them stand all a day and a night, but yee must stirre them continually, this done, presse forth the slymy sappe of them, and take foure lib. of it, and put vnto it two lib. ß. of fine suger, of scamony rosted in an apple, thrée ℥. ß. after this set it on the fire againe, séeth it a litle, and then put in litle balles of roses which the Pothecaries call trochisti diarodon, of litle balles of spody, and of rhubarbe, aũ. one ℥. balles of barberies ℥. ß. then make your asarabacca into a grosse pouder, that it may bee the more laxatiue, you may also

also put vnto this confection, grene violets, and dry saunders.

This purgeth yelow choller, and it helpeth the turning sickenes of the heade, which commeth of a choller icke humor.

57 An electuarie of D. N. called Inde maioris.

TAke cinamom, cloues, spiknarde, roses, cassia fistula, mace, cypresse, aũ. foure ʒ. yelow saunders, two ʒ. ℈. ligni aloes, nutmegs, aũ. two ʒ. turbith, one ʒ. of suger, penidis, aũ. twentie ʒ. galanga, cardamomum, asarabacca, mastick, aũ. one ʒ. ℈. of scammony, twelue ʒ. beate all these together with the oyle of almonds, then take of the iuice of quinces, pomgranades, of the iuice of smallage, fennill aũ. one lib. ℈. seeth these iuces with clarified honny, vntill they be thicke, and then make the electuarie with the other spices.

This doth purge superfluous humors, and chiefely flegmatike and corrupt humors in the stomacke, and in the other principall partes, it dissolueth winde, and cureth those diseases that come thereof, as the paine of the stomacke and of the inwarde partes: the chollicke and the paine in the raines, it doth also consume corrupt humors in the iointes.

58 An electuarie to comforte the stomacke, called Electuarium comfortatiuum stomachi.

TAke of the graines or the stones of the myrte tree broken finely, twelue ʒ. of roses, spody. manna, which is the flower of frankincense, of ỹ three pepers, of yelow saunders, the flowers of ỹ wildepomgranad, gumme arabycke, aũ. one ʒ. ℈. the graines of the pomgranade made in pow-

der ſeuen ʒ. of coꝛyander, infuſed in vyneger, and made in powder, foure ʒ. the ſæde of ſoꝛrel, plantan, the ſæde of roſes, aũ. two ʒ. breake them all well, and rubbe them with your hands, then put them into the water of ſoꝛrell, and ſo make your electuary.

This doth comfoꝛt the ſtomake and the inward partes, it ſtoppeth the laſke which commeth of too ſtrong a purgation, it moueth a man to meate.

59 An electuarie of precious ſtones,
electuarium de gemmis.

TAke of white pearles two ʒ. little pæces of the ſaphyꝛ, Jaſynct, coꝛnelyn, pomgranade, emeraude, aũ. one ʒ. ℈. ſetwall, the ſweete roote doꝛonicke, the rinde of pometron, mace, the ſæde of baſell, aũ. two ʒ. redde coꝛrall, amber, ſhauing of iuery, aũ. one ʒ. two ϶. the rootes of both behenes, both the white and redde, ginger, long peper, ſpiknard, folium inditum, ſaffron, cardamomum, aũ. one ʒ. little balles of roſes which the apothecaries call trochiſci diarodon, ligni aloes, aũ. fiue ʒ. cinamon galinga, ʒ. ʒuꝛbeth a kind of ſetwall, aũ. one ʒ. ℈. tyme, peales of golde & ſiluer, aũ. aur. ℈. of gald muſke ʒ. ℈. make your electuary with honny of amblicoꝛum, which is a fourth kind of myꝛrobolance, and with roſes ſtrained with equall partes, as much as will ſuffice.

This helpeth colde diſeaſes of the braine, the heart ſtomake, and the matrice, it is a medecine pꝛouided againſt the trembling of the heart, and fainting and ſouning: the weakeneſſe of the ſtomake, penſiueneſſe, ſolitarineſſe, kings & noble men haue vſed this foꝛ their great comfoꝛt, it cauſeth them to be bolde ſpꝛyted, the body to ſmell wel, and engendꝛeth good colour.

60 An em-

60 An emplaister which the Pothecaries call, Diachilum Album Commune.

TAke of fenigréeke, linséede, the roote of holioke, presse out of all these the slimy sappe, and take of it one part, and of litarge beaten wel, and clensed from the drosse, one part and a halfe, of old and cleare oyle, of oyle 3. parts: beate the litharge and the oyle long in a morter of stone, with a pestle of yron, then boyle them on the fire softly, stirring them vntil the litharge runne togither, then take it from the fire and suffer it to cole, after this take the slimy sappe and boyle it once, then cast by litle and litle the slimy sappe vpon the litharge and the oyle, and beating them well with a pestle til they be mixt togither, afterward sethe them on the fire till they bee thicke, you may put vnto this emplaister the fine pouder of flowredeluce, and you may vse for your common oyle which is sallet oyle, the oyle of flowredeluce, some mingle with this, of the slimy sappe of melilote.

This emplaister is very good against impostumes and hardnes of the liuer, and the splene, the stomake, and swelling about the throat, and all hardnesse in any place.

61 An emplaister which the Pothecaries call, Diachilum Paruum.

TAke of litharge sire 3. of old and cleare oyle one lib. of slimy sappe, of sliwort foure 3. the slimy sappe of henbane, one 3. ℈. the slimy sap of linséed, the slimy sap of the rootes of malloes, aũ. two 3. make your emplaister accordingly.

This emplaister doth resolue and ripe swellings which come of heat, and all impostumes.

62 An emplaister which the Pothecaries call, Diachilum magnum.

TAke of litharge broken and sifted, twelue 3. oyle of flowredeluce, oyle of camomile, oyle of dill, aũ. eight 3. of the

slimy sap of linsæd, ỹ slimy sap of fenigræke, ỹ rotes of holihock, ỹ slimy sap of moist figs, the slimy sap of raisons, of corants, the iuice of isope, the slimy fat of ỹ belly of the great fishes, aũ. twelue ʒ. ℈. turpentine three ʒ. the gum of the pine apple tree, yelow wax, aũ. two ʒ. make it after this fashiou, beate your litharge and the oyles which wee did speake of before, in a morter of stone, with a pestle of iron, the space of halfe an houre, then let them boyle with a soft fire, stirring them continually till they bee thicke, then take it from the fire and let it cole, afterward take the slimy sappes and the other and boyle them vntill they bee hard, then take it off, and laie it vpon a marble stone, and make it in great peeces.

This emplaister is stronger in operation than the other, and better to ripe and to resolue all hardnesse and inflamations.

63 An emplaister of slimy sappes, called Emplastrum, de Mucilaginibus.

TAke of the slimy sappe of the seede of holihocke, linsæde, of the inner rinde of an elme tree, of fenigreke, aũ. foure ʒ. ℈. of the oyle of camomil, the oyle of lilies, oyle of dill, aũ. one ʒ. ℈. of ammoniacum, galbanum, oppopinax, serapium, aũ. ʒ. ℈. of new wax twentie ʒ. of saffron two ʒ. turpentine two ʒ. and make your plaister accordingly.

This emplaister mollifieth all hardnesse.

64 An emplaister for the stomake and the liuer.

TAke of ligni aloes, wormewood, gummi arabicke, mastick, cypres, coste, ginger, aũ. ʒ. ℈. calamus aromaticus, of the finest franckensence, aloes, aũ. three ʒ. three ʒ. cloues, mace, cinamond, spikenard, nutmegges, the confection which the Pothecaries doe call gallia moscata, sqi-

nantum,

nantum, aũ. one three ʒ. ℈. mingle all these togither with the confection which the Pothecaries call myua aromatica, which is made of quinces, peares, and such like binding things, laie all these vpon a cloath, and perfume them with the wood of aloes.

This emplaister doth comfort the stomake, the liuer, and encreaseth heat.

65 An emplaister of Bayberries, of Doctor Mesues.

TAke of fine frankensence, and masticke, mirrhe, aũ. one ʒ. the berries of the bay tree two ʒ. of cipres, coste, aũ. ʒ. ℈. take of clarified hony as much as will suffice to make it thicke, then spred it vpon a cloth and so laie it to the sore.

This is a verie excellent plaister against the dropsie, and to asswage all swellings of winde, if yee will triple the quantitie of cipres, and put it vnto the plaister, also a litle quantitie of cowes dong, or goats dong dride, doth also asswage all griefes which commeth of cold, winde, & chiefly the paine of the stomake and belly, the reines, matrice, and the bladder.

66 An Emplaister of Melilot.

TAke of melilot, fiue ʒ. the floures of cammamile, the berries of the bay tree, the rote of holihock, wormewood, aũ. foure ʒ. the seed of smallage, wilde carawaies, flowerdeluce, cipres, spikenard, casia fistula, ammi, annisede two ʒ. ℈. margeram thre ʒ. ammoniũm ten ʒ. storax calamite, bdellium, aũ. fiue ʒ. turpentine one ʒ. ℈. moist figges in nomber twelue, the fat of a goat bucke, rosen, aũ. two ʒ. ℈. ware fire ʒ. the oyle of margeram, the oyle of spikenard, as much as will suffice to beat them in.

This emplaister doth mollifie all hardnesse of the stomake, the liuer, the splene, and all the inward parts.

An

67 An emplaister of Waxe, of D. N. called Emplastrum Ceroneum.

TAke of piche which is about chippes, pressed or strained through some thing, of waxe, aū. ℥. three ℥. of serapinum, two ℥. of ammoniacum, turpentine, dry pitch, saffron, aū. ℥. three ℥. aloes, frankensence, mirhe, aū. one ℥. oppoponax, storax calamite, galbanum, masticke, allom, fenigreke, aū. three ℥. of the dregges of storax liquide, which the Potheca-ries cal sact, bdellium, aū. three ℥. of litharge, one ℥. ℔. make it after this wise, first beat your serapinum, galbanum, the gumme oppoponax, ammoniacum a litle, and temper them with wine, then boyle them vntill the wine be halfe consu-med, then set it on the fire againe in a vessell of tinne, and when it shall begin to boyle, put vnto it your pitch, and stir it well vntill it bee melted, and when it is melted, put waxe vnto it, & that being molten, put in of dry pitch which the Pothecaries call colophonia, then storax beaten small with a hotte pestle, must bee put thereunto, afterward ma-stick, frankensence, mirhe, bdellium, and sone after these, put in turpentine, allom, litharge, and last of all fenigreke, when it is sodden, powre it vpon luke warme water, and incon-tinently take it forth againe, and presse it with your hands till all the water be forth, this done make your pouder of a-loes, soft mingled with the oyle of lawrell vpon a marble stone, take and make of all mingled togither, balles or great pèces, with pouder of saffron, your hands to bee nointed with the same oyle of lawrell.

This emplaister taketh away all paine which caused in spitting, the griefe of the stomake which commeth of cold, it doth also dissolue congealed humors in the stomake, and the hardnes of the splene, it healeth the dropsie which commeth of the coldnes of the liuer, and also the coldnes of the matrice if it be laid vpon it.

An

68 An Emplaister of Vineger and *Saffron*, *D.N.* called Emplaistrum Oticroceum

TAke pitch which is about ships, saffron, dry pitch or colophony, of ware aũ. foure ℥. turpentine, galbanum, ammoniacum, mirhe, fine frankensence, masticke aũ. one ℥. three ℥. make it thus, breake a litle your galbanum, and ammoniacum, then laie it in vineger the space of a night, in the morning set it on the fire and melt it, and when it is melted, straine them and seethe them till the third part of the vineger be consumed, then put in your pitch being pressed and strained before, & when it is melted put in ware, the which also melted, put in the dry pitch or colophony, and turpentine, and sone after, masticke and fine frankensence and mirhe, stirring it alwaies from the beginning vntil the end, when it is sod, put it into cold water, and when yee take it forth, presse it with your hands till the water be forth, afterward wash it vpon a marble stone annointed with oyle, and make it soft and gentle, then cast vpon it the pouder of saffron, and so make you it in great peeces.

This cureth broken bones, and allwageth all griefes in what part soeuer they be of the bodie, it also mollifieth hard impostumes in any part of all the bodie.

69 An Emplaister which the Pothecaries call, Ianua, *D.* M.

TAke of the iuice of ielosloures, the iuice of plantain, the iuice of smallage, aũ. lib. of ware, rosen and turpentine, aũ. lib. ℔. make of this an emplaister.

70 An Emplaister which the Pothecaries call, Gratia Dei, of Doctor Nicholas.

TAke turpentine, one lib. rosen, one lib. white waxe foure ℥. mastick one ℥. of veruen, gelofloures, pimpernell, aũ. one m. beate these hearbes, and boyle them in strong white wine vntill the third part bee consumed, and then straine them and cast away the substance of the hearbes, then put vnto the iuice strained, waxe, rosen, mastick, and let them boyle, stirring them till they be thicke, then take them off, and put in turpentine, and mingle all togither, and make this your plaister.

71 An Emplaister against Ruptures.

TAke of the pitch about olde ships, of aloes, aũ. two ℥. of litharge, of redde waxe, dry pitche or colophony, galbanum, ammoniacum, aũ. two ℥. mistleto of an oke, fire ℥. of chalke or plaister, of both aristolochia longa, and rotunda, mirrhe, frankensence, aũ. fire ℥. turpentine two ℥. of the common wormes of the earth, of oke apples foure ℥. of comphery, of the daisie, of bole armoniacke aũ. foure ℥. the blood of a man, one lib. make it thus, put the mistleto in first to the water, and suffer it to boyle long, in a decoction wherein a rammes skinne was soddden in, and let it seethe the space of a day and a night, then take it from the fire and put vnto it turpentine, litharge, dry pitch or colophony, mastick, and white frankensence, mirrhe, galbanum, ammoniacum, and some after camphory, and daises, chalke or plaister, bole armoniacke, after this, set it on the fire againe, & put in the blood of a man, & both aristolochia, and last of all, aloes, you must stirre it continually, when it is well sodden take it from the fire, yee shall see and know it to bee well sodden, when it will not cleaue nor sticke vnto your fingers, then

laie

laie it vpon a marble stone annointed with oyle of violets, and make it soft with working and labouring it with your hands, and after this, yee must beate it in a morter two daies or three continually, and then reserue it.

72 An Emplaister of D.N. which the Potheca-ries call, Diuinum.

TAke of galbanum one ℥. two ℥. of ammoniacum, three ℥. oppoponax, one ℥. of litharge, one lib. ℔. of new ware, eight ℥. of oyle of lilies, one lib. ℔. fine frankensence, one ℥. one ℥. of mirrhe, one ℥. one ℥. of greene brasse, one ℥. of bdellium, two ℥. of aristolochia longa one ℥. of mastick one ℥. of aymentes, a kinde of chalke, foure ℥. mingle all these togither, and make an emplaister.

73 An Emplaister for the Matrice.

TAke of the rote of cinkfoly, one lib. of ligni aloes, yelow sanders, nutmegges, barberries, of the floures of rosemary, or roses, aũ. one ℥. of cinamond, cloues, squinantum, the floures of camimile, aũ ℥. ℔. mastick, fine frankensence, a confection which the Pothecaries call, alipta muscata, and an other which they call galia moscata, of storax calamita, and storax liquida, which the Pothecaries call stacte, aũ. three ℥. fine muske, ℥. ℔. of ware one lib. ℔. of turpentine lib. ℔. the gumme of, lade, foure lib. of pitch about old ships, three lib. make an emplaister therof.

74 An Emplaister of red Leade.

TAke of the oyle of sweete roses, one lib. ℔. the oyle of myrtle tree, the ointment populeon, aũ. foure ℥ of hennes grease, two ℥ the tallow of an ore geleed or of a colwe, aũ. lib. ℔. swines grease seuen ℥. litharge of gold and siluer, aũ. three ℥. ℔. of white lead foure ℥. of red lead three ℥. of turpen-

tine tenne ℥. of waxe as much as will suffice to make your plaister according to the art thereof, somewhat blacke.

This doeth heale great and olde sores as it hath béen prooued, by the auncient Chirurgion, Iohn de Vigo.

75 An Emplaister of white Lead, Emplastrum de Cerusa.

TAke of the oyle of roses, two lib. of white leade, foure lib. of white waxe, fixe ʒ. make an emplaister thereof.

This is a very good plaister against all sores which come by reason of the heate of the Sunne, or by any other hotte causes, or against rubbings, gallings, or excoriations of heate.

76 An Emplaister of dates of D.M. Emplaistrum Palmeum.

TAke litharge of gold, thrée lib. of oyle oliue, the grease of a yoong hogge, aũ. one lib. ℘. of gréene copperos foure ℥. buddes or toppes of date trées, séethe them altogither on the fire, and stirre them continually with a stick of the same date trée, if yee cannot haue the buddes nor the tops of the same, ye may take the rootes of réedes.

This is a verie excellent plaister against woundes festred with blood, and against grieuous impostumes, burnings, broosings, shooting of humors.

77 An Emplaister of three things.

TAke of oyle oliue, foure lib. of litharge of gold, two lib. of vineger, lib. ℘. make the emplaister accordingly.

This emplaister doth bring new flesh againe in wounds: also doeth heale them.

78 A red emplasture to drye: Diacalium rubrum.

TAke litarge of gold, three ℥. oyle of roses, oyle of violets, aũ. lib. ℌ. of ware twelue lib. the stone which the Pothecaries call calaminaris, of terra sigillata, of redde leade, aũ. foure ℥. of camphure, one ℥. make your emplaisture.

This doth drye byles, and drye sores which be cleansed.

H. 79 Hiera, pecra, galeni.

TAke of saffron, spikenard, the wood of balme, of casia fistula, cinamon, mastick, aũ. syre ℥. of aloes, ℥. C. take of honny as much as will suffice, beate them all, and worke in the iuice of colewortes, wormewood, or wine, that they may be so mingled together, as leuen in dow, put vnto them scammony, that they may the better cleaue together, and also purge the body of choller, if ye put agaricke and the inner parte of coloquintida, then it will purge fleame, and if ye will mingle the flower of harder time therewithy, then melancholly is purged: to make it more gentle in operation and lesse noysome to the stomacke, the Pothecaries, doe put vnto this composition, twise as much of aloes as of all the other kindes, your aloes must be broken and washed, that it may the better goe to the bottom of the water, and the drosse which swimmeth aboue, to bee cast away with the water, this must be done twice or thrice, & when it is well washed, it will be an apte medicine for the stomacke, and nothing hurtfull to the inwarde partes: after this the other kindes of spices ought to be mingled, and so it shall be a verie good purgation for weake stomackes.

This purgation which is made with aloes, doth remedie yliaca passio, and consumeth superfluous humors in the stomacke, it doth amend the palenes of the face, the eyesight which is dimmy with grosse humors from the stomacke, it prouoketh a man indifferent to the stoole, working and purging from the liuer, it doth hurt those which haue a hote liuer,

liuer, but the stomacke thereby is helped.

80 A Iulep of roses of doctor mesues.

TAke of rose water, three lib. of fine suger sodden and clarified two lib. make your iulep with a soft fire.

This quencheth the thirst in hote agues, it doth asswage the heate both of the liuer and of the hart, it doth also resist corruption of humors, and keepeth a man whole.

81 A thinne Iulep of Violets.

TAke the water of the flowers of violets, foure lib. of fine suger sodden and clarified two lib. mingle them together, and seeth them with a soft fire.

This is a present remedie in all burning agues, and to those which haue a hote liuer or throate, it helpeth also those which haue any roughnes in the wind pipe or throat, it helpeth the pluriſie, and the dry cough.

82 A thicke sirrop of Pinaples, of D. M. loch de pino.

TAke of the graines or stones of the pinaples thirtie 3. sweete almonds, wallnuts made in pouder, the gumme tragantum, gummi arabicke, licorace, the iuice of amily, maiden haire, the rootes of lillies, aũ. foure 3. the substance of dates fiue and thirtie 3. of bitter almonds, three 3. honny mixt with the iuce of great resons, fine sugar, fresh butter, aũ. foure 3. of the best honny as much as will suffice.

This doth helpe old coughes, shortnesse of breath, and causeth a man to auoide grosse fleame, and also spittle.

83 A thicke

83 A thicke sirope of squilla, loch de squilla.

TAke of the iuyce of squilla, of honny clarified, aũ. lib. ℔, and seeth it till it be thicke.

This pureth tough and grosse matter congeled in the winde pipe, and causeth spittle easily to auoyde, it cureth shortnesse of winde, the paine of the brest and the side.

84 A very excellent thicke sirope of D. M. loch Sanum.

TAke cinamon, drie hisope, the iuyce of liquirice, aũ. ℥. ℔, of iuiubes, sebesten, aũ. thirtie: rasons, of corans picked, dry figges, of moist dates, aũ. two ℥. of fenegreke, fiue ℥. of maiden haire, one ℈. of anisede, folium indicum, flowerdeluce, camamile, of linsed, aũ. foure ℥. seeth al these in foure lib. of water till the halfe be consumed, then put vnto this two lib. of penidis, which is a confection of sugar, seeth it till it be as thicke as honny, then mingle with this a pine apple pared, fiue ℥. of almonds blanched, lyquirice, the gum tragantum, of gummi arabic, of amili, aũ. three ℥. of flowerdelyce, nine ℥. labour this confection till it be soft and white.

This cureth the cough, and the hardnesse of the wombe, which commeth of cold, and also flegmatike humors which be in the brest or in the longs.

85 A thicke sirrope of Coleworts.

Take the iuice of red coleworts one lib. of safron two ℥. of suger, hony aũ. lib. ℔. make your sirrope.

A composition which king Mithridates did vse, manardi mithridatum.

TAke the bloud of a drake dride, bloud of a ducke, the bloud

blond of a goose, the blond of a kidde, of wilde rew, fennel, dill, nawen, aũ. thrée ʒ. the rote of gentian, tripholy, squinantum, frankinsence, drye roses, aũ. thrée ʒ. white pepper, long pepper, cost, and valerian, annisséde, cinnamon, aũ. two ʒ. myrre, spikenard sire ʒ. benswoyn, asarabacca, ammoniacum, aũ. thrée ʒ. mace, agaricke, aũ. two ʒ. the séede of balme, one ϑ. of flowerdeluce, saffron, rha. mastic, aũ. one ʒ. of sticados fiue ʒ. make a fine pouder of all these. and put foure times so much honny as of the other, and make your mixtion.

87 A thicke sirrop of the lunges of a Foxe.
D. M.

TAke of the lunges of a fore dryed, the iuice of lichoras, maidenhaire, fennelseede, aũ. foure ʒ. make it with suger sodden in water as much as will suffice, some make it with the iuice of myrts, and then it is both laxatiue and a comforter of the stomacke.

This is a present remedie in all consumptions and diseases of the stomacke, it doth both comfort and cleanse the lunges.

M. 88 An other confection which the king Mithridates vsed, of doctor Nicholas.

TAke of storaxe calamita, one ʒ. one ϑ. of cloues, spinard, the woode of balme, orobis, louage, the gumme tragantum, of mastic, galban, sandaric, the swéete thorne aspalathus, of the otter stones, the gumme of Iuy, bdellium, terra lignea, melilot, the gumme of lade, oppoponax, ammoniacum, opium, brimstone vnslecked, lichorace, salte péeter, hipoquistes, acacia, roses, germander, saint Johns worte, sotherwood, piony, hisope, organy, enulacampana, the leaues of sauyn, ỹ leaues of ỹ bay trée, aristolochia longa, ỹ flower of the harder tyme, wormeséede, rosemarie, centuarie, the lesse

lesse seholme, the flower of the wilde pomgranad, the stemme or the inwarde rinde of the myrtle tree, flowers of pomgranads, the sæde of a raddish, squilla, the sæde of balme, annisseed, giti, henbane, fennell, commin, cardamomum, stlermotan, white mustard sæde, ammi, parsliesæde, rew, white poppi, smalage, yelow carrots, clarry, long pepper, basell, amomum, aũ. one ℥. gladian, the common swines nuts, capres, the flowers of tutsayne, of the horne of the redde deare, aũ. two ℥. of the iuice of the balme, or the iuice of myrte tree, cinamon, saffron, cost, squinantum, ginger, folium indicum, or in the stead of it, cloues, or spicnard, turpentine, washed myrre, fine frankinsence, cassia fistula, agaric, spica romana, rha, flowerdeluce, asarabacca, dittan, horehound, the inner rinde of coloquintida, stichados, mugworte, callamint, pelliter of spaine, ground pin, blacke pepper, white pepper, sæde of parslie, manna, or swæte dew, cresses, sinckfoyle, aũ. one ℥. berics of the bay træ, fyre grã, ℔. of strong wine and olde, one ℥. of hony as much as will suffice to make it.

This doth cure all diseases of the heade which come of colde, and chiefly melancholie persons, and fearefull, the falling euil, the migram, running eares, and all diseases of the eares, the toth ache, and all griefes and sores of the mouth and iawes, if it be laide on the place infected, if any rume distill from the heade, then it must be laide vnto the temples after a fashion of a plaister, it cureth also the quinsi and apoplexian, which is when a man can neither fæle, speake, nor moue, it helpeth the cough, and shortnes of winde, and spitting of bloud, the lunges, and all inward diseases, it cureth the chollicke, the bloudie flure, illiaca passio, and the flure of meate vndisgested, if it be ministred with the decoction of the flowers of pomgranads, it cureth also stiffnes of members, when the sinewes be so stiffe, that the party cannot moue, it helpeth the crampe, conuultions, palsies, diseases about the midrife, the raines, and bladder, it breaketh the stone, prouoketh the flowers stopped, and helpeth all diseases of the matrice, it mollifieth all

hardnes, and cureth the goute, it is a chiefe remedie against poyson, and against the byting of a mad dogge or any other beast, if it be laide vnto the place, or drunke: it doth also cure quartan agues, and quotidians taken with luke warme wine, an houre before the fit commeth.

89 A confection which the Pothecaries call Mycleta.

TAke of the first kinds of myrrobolance dressed and made in pouder, two 3.ℏ. commin, annisseede, folium indium, ammi, carawaies, aũ. one 3.ℏ. cresses made in pouder two 3.ℏ. belliricum, and imbricum, the fourth and the fift kinde of myrrobolance made in pouder, aũ. two 3. Infuse all these in vineger a day and a night, afterward make them in pouder, then mingle them with spody, the flowers of wilde pomgranade, mastick, gumme, arabicke, manna or swéete dew, aũ. one 3. fiftéene gra. stampe them with the oyle of roses, and temper them with the sirope of myrtell trée.

This confection hath béene proued against the emrods, gnawing and gryping of the stomacke and the bellie, the bloodie flure, and also against lienterya which is a fluxe of meate vndigested, and finally, it is a présent remedie against all fluxes of the bodie.

90 A confection which the Pothecaries call Aromatica, or mixa simplex of D. Mesues.

TAke of the iuice of quinces lib. C. put it in a cleane vessell of stone, and let it boile softly, scomming of it, till it bee halfe consumed, then strayne it, and let it stand foure houres, and then call vpon it sixtie lib. of olde wine, this done, set it on the fire againe, and séeth it till it be thicke, some Pothecaries make it with these spices following, and some without, they take of the best cinnamon, cardamomum

mum the lesser, aũ. three ʒ. of cloues two ʒ. of suger, masticke, aũ. one ʒ. ℈. of saffron two ʒ. of ligni aloes, mace, aũ. one ʒ. ℈. stampe all these, except your saffron, and make them sweete with muske, one ʒ. and with two ʒ. of the confection called gallia muscata: there bee also some other Apothecaries which do make this confection with suger.

This confection fortifieth the stomacke, the liuer, and the principall members, it causeth good appetite and disgestion, it stoppeth vomiting and fluxes of the body.

91 A confection of honny and roses, called Mell rosatum. D. M.

TAke of red roses prepared and dressed as it is in the conserues before, aũ. two parts, of good honny fiue parts, seeth them with a gentle fire accordingly, some Apothecaries put in equall partes, both of honny, and of the iuice of roses, without any leaues, other some put also vnto the leaues one parte ℈. and of the iuice one part ℈. of honny, three partes.

This doth comfort the stomacke, and doth disgest and purge flegmaticke humors congeled in the stomacke, or in the raines meseraicis.

92 A confection of honny and violets, called Mell violatum.

TAke of the flowers of violets one part, of good honny three partes, seeth them with a soft fire.

This is a singular remedie in hote agues, because it maketh the body moist and also laxatiue, it aswageth paines of the stomacke and the brest.

93 A confection of rosemarie and honny, Mell authosatum.

TAke of the flowers of rosemarie one parte, of honny three partes, make it as ye doe the other.

94 Manus Christi.

TAke of suger clarified and molted in water of roses. lib. ℔. seeth it together till the water be consumed, and the suger harde, in the ende of the decoction put in ℥. ℔. of perles or precious stones made in fine pouder, then lay it vpon a marble stone annointed with oyle of roses, or els violets.

96 Oximell, doctor Mesues, called simple.

TAke of good honny two partes, of vineger one parte, of well water foure partes, your honny and your water ought to be sodden together, so that no fome be left aboue, then temper in your vineger, let it seeth well till your honny leaue foming.

This doth purge grosse and flegmaticke humors in making of them thinner, in dissoluing of them, in opening and breaking of them, it doth also disgest the matter which commeth of long agues.

97 To cause a man to auoide vrine, Oximell diureticum.

TAke of the rinde of the roote of smallage, fennel, aũ. one lib. parslie, kneeholme, or butchers broome, sperage, the seede of smalage, the seede of fengreke, aũ. one ℥. seeth these rootes and seedes in two lib. of water, and a pound of vineger, vntill it come to the halfe or litle more, then take as much honny as will suffise, and seeth it well, and make a strope.

98 Oximell of squilla.

TAke of faire water fiue lib. of clarified honny three lib. of vineger, squilla two lib. seeth them well and reserue them.

This

This doeth dissolue tough and flegmatike humors, it doth also cure belching which commeth of raw humors and not digested, it doeth also heale the bladder exulcerated, in mollifying of it.

99 A confection of suger and vīneger, called Oxisacra Simplex, of Doctor Nicholas.

TAke of suger one lib. of the iuice of pomgranades eight ℥. of vineger foure ℥. sæthe it on the fire till it come to the fashion of a sirup.

This is very good in tertians, hot agues, and quartans, in the spring time it purgeth choler in the stomake.

100 A confection of suger and vineger, with other things called Oxisacra Compounde,

TAke of mayden haire, ceteracke, harts tong, liuer wort, violets, fennell, knæholme or butchers broome, sperage, stitch wort, aū. one lib. make it after this fashion. Laie your hearbes and rotes in the iuice of pomgranades the space of thræe daies, on the fourth day boyle them a litle and straine them well, and afterward put vnto them suger as much as will suffice, and then sæthe them till they be thick.

101 Oyle of sweete Almonds of Doctor Nicholas.

TAke almonds and blanch them, and take away the inner rinde, then stampe them well and make them in massie pæces like pastides, after this, laie them in a yote place, the space of fiftæne daies, then beat and stampe them again, and then prælle them so, that the oyle may passe forth, and if ye will, sæthe it againe in a vessell set within an other the space of an houre, and then prælle it, it will bee the better to runne, and ye shall haue more plentie of oyle, if ye fill bags

with almonds stamped, and then laie them vnder hot ashes or sand betwixt cloathes, and afterward presse them.

This oyle doth mollifie the roughnes of the throat and hardnesse and drinesse of the lungs, and of all the inwarde parts, it healeth consumptions, and encreaseth seed in a man, it asswageth the heate of the matrice, and of the priuy parts of a woman, and also the heate of the reines and of the bladder if it be laide to the place.

122 Oyle of bitter Almonds.

This oyle must bee made in all things like vnto the other before.

This oyle openeth obstructions, and opilations, and causeth winde to auoide, it asswageth the paine of the eares, the singing and deafenes, it maketh the flesh smoth & faire, it doth also take away spots and deformities in the face, the ache in the sinowes, and all other hardnesse.

103 Oyle of Bay, called Oleum Laurinum.

Take of the berries of the bay tree which be ripe, and stamp them well in warme water, and straine them when they be cold togither, take of the fat which swimmeth aboue, and that shall be your oyle.

This oyle bringeth heate and mollifieth, insomuch that those which be troubled with the scabbe, ring wormes, or any such other sores, be cured therewith, if they be annointed when they bathe them. cholericke persons and all those which be suspect to haue the lepry or any kind of it, must auoide and eschue this oyle, it is a singuler remedie against cold and moist complexions, and flegmatike, & those whose ioints be affected with cold, it cureth the paine in the hippes or huckle bone, it destroieth lice and vermine, and scoureth the head of all filthines, it cureth the falling of the haire, taken with the water of salt peter, this done, yee must also wash

wash your head with wine and hony, and with the floure of fenigreeke, howbeit if your head be vexed with any griefe of heate, then ye must vtterly eschue this oyle.

Oyle of the little grayne sesamum oleum selaminum.

WAsh your little grayne sesamum from all filth, then sprinckle vppon it a little water with salte, and rub it with your hands, then cast vpon it againe till it be moist, afterward lay it forth to drye, then so dryed, ye must take it againe and dry it better by the fire, but moderately, then put it in a bagge of course cloth, and rub it againe with your hands till the huske go of, and whē it is husked cleane, grinde it and presse forth the oyle, and make it after this fashion, take linseede the oyle, oyle of popiseede or lettis seede, your linseede may not be husked.

This oyle encreaseth fatnes of the face, and seede in men, it mollifieth all manner of hardnes, and causeth the voice to be cleere in mollifying the throate, you maye also mingle this oyle with many other.

Oyle of spikenard oleum nardinum.

TAke of spicknard three ℥. of wine and water, aū. two ℥. ℔. the oyle of the grayne sesamum lib ℔. seeth these with a double vessell that is one within an other with a soft fire, the space of foure houres, and styrring it continually.

This is a very good oyle against all diseases of colde, wind, against griefes in the stomach, knowes, liuer, spleene, reynes, bladder, matrice, the head ach, and the migram.

Oyle

105 Oyle of Coſte of D. M.

TAke of coſte dry, and butter two ℥. of caſſia ſiſtula one ℥. the buddes and toppes of margeram eight ℥. of ſweete wine as much as wil ſuffice to laie the ſtuffe in two nights, then take the oyle of ſeſamum three lib. ſeethe it as the oyle of ſpikenard before.

This oyle engendreth heate in the ſinowes and in all the parts of the bodie, it openeth abſtructions, it fortifieth the ſtomake and the liuer, it keepeth the haire from falling off, and the head from hotenes, it cauſeth good colour and ſauour in all the bodie.

106 Oyle of Rue, of D. M.

TAke oyle of ripe olines, three lib. of the leaues and of the iuice of rue, aũ. three ℥. make an oyle according, of the ſame.

This oyle doth heale and dry, and therefore it is preſent remedie againſt diſtillations and rumes, it aſſwageth griefes of the breſt, and bringeth heate to cold members.

107 Oyle of Dill of D. M.

TAke of the common oyle which is ſallet oyle, two lib. foure ℥. of the floures of dill ten ℥. two ℥. laie the floures of dill three daies in oyle, and ſeethe them on the fourth day a litle with a ſoft fire, then take them foorth, this done, put into the ſame decoction three ℥. of the floures of dill, and ſet it in the ſunne and keepe it.

This oyle aſſwageth griefes and aches, it openeth, looſeth, and prouoketh a man to ſweat, it doth mittigate the colde and ſhaking agues, if the backe bone be annointed, it cauſeth ſleepe, and cureth the head ache.

108 Oyle of Camamile,

TAke of swéte oyle which is the common sallet oyle, two lib. foure ℥. the flowers of camamile one lib. make it as the oyle of dill.

This doth mitigate all aches, it stoppeth flures of humours, because it doth a little bind, it is a present remedy against achss in sinewes. Galen the Phisitian doth iudge that this oyle doth lose and and not bind. Paulus Ægineta, doth take two ℥. of dry flowers of camamile without the whites, and doth couer the vessel with a linnen cloth, so that the oyle may presse through, and then set it in the sunne by the space of forty daies, and after the mouth ought to bee well stopped, and so kept, if ye cannot haue grene flowers ye may take dry, and seeth them in a double vessell, that is one set within an other, howbeit the oyle shalbe of lesse strength and efficacie.

This oyle, as Actuarius doth teach, annointed by it selfe or with some other temperate thing, doth open the pores, and causeth the skinne to be thinner, it cureth long agues, and all grieses in the body, if the place be nointed therewith, with swéte wine.

109 Oyle of myrts.

TAke of sallet oyle three lib. of myrrhe stamped one lib. of the best wine two lib. mingle these together, and suffer it to boyle vntill the wine be consumed, then straine it, and reserue it.

This oyle doth refrigerate or maketh cold, and bindeth, and therefore it cureth the flure which cometh of weakenes of the stomach, burnings, principally, wheales, kybes, gallings, if the place therewith be annoynted, it healeth clifts about the fundament, and the broad piles, and it stoppeth sweating

110 Oyle of flowerdeluce oleum deireum.

TAke of the rootes of flowerdeluce two ℥. and of the flowers foure ℥. of the decoction of roses one lib. the oyle of olives two lib. let them boyle within a double vessell vntill the water be consumed, then strayne them, and change the rootes, flowers, and the water of the decoction, this ought to be done twise, and then straine them, and reserue it, the Pothecaries commonly make it after this fashion, howbeit yee shall read in Dioscorides an other forme of making of this oyle.

This oyle scoureth, purgeth, loseth, openeth, and allwageth aches of cold, it ripeth raw humours in the breast and lungs, it taketh away the paine in the ioynts, and mollyfieth the hardnes of them, and hard impostumes and swellings about the necke, or in any other place, it doth allwage the paine of the matrice of colde, the crampe, the paine about the eares, the stinking of the nose.

111 Oyle of roses.

TAke oyle of olives, or the oyle of the grayne sesamum, wash them oft with well water, then take a sufficient quantity of the leaues of red roses young, and beaten, and couer them with the oyle wherein they were washed, then stoppe the mouth of the vessell, and set it in the sunne the space of seuen daies, then seeth it in a double vessel the space of three houres, then change againe the rose leaues, and take fresh, and set them in the sunne other seuen daies, afterward seeth them againe, and change them as ye did before, then put vnto them of the infusion of roses, as much as of the oyle, and stoppe the mouth of the vessell, and set it in the sunne the space of forty daies, some Pothecaries do not set it in the sunne, but vnder the ground forty daies.

This oyle, as Doctor Mesues wryteth, doth comfort, lose, open, and allwageth ach, it is also good against inflamati-

mations, and flures of humoures, and therefore being dronken it is a present remedy against the bloudy flure and all other, there be two kindes of this oyle, the one is made of rose leaues which be ripe, and the other is made of oliues and rose leaues not ripe, the first kinde doth mollifye and make the skinne thinne, openeth, and asswageth al manner of griefes, the second doth refrigerate or make colde, and bind, and therefore it cureth the head ach in agues, and of the heat of the sunne, it asswageth burning which is engendred of wind in a full stomach, and finally it cureth all aches of the head if the place therewith be annointed, it doth also resolue the griefes in the stomach, or in the bowels of sharpe humours, if it be mixt with two ℥. of mastick, and with a little quantitie of ware, it asswageth all inflamations of rednes, if the place be annointed therewith.

Oyle of Violets.

TAke of the oyle of oliues two lib. of young violets stamped, foure ℥. put them into a glasse, and set them in the sunne the space of seuen daies, afterward boyle them in a double vessell the space of three houres, then straine them, and reserue them: Paulus Ægineta doth call this oyle Jaton, and writeth that it is made of the purple violets, or els of the yealow violets, which many iudge to be hearts ease, he willeth also that violets shall stand ten daies in the sunne, and to be three times changed, and the vessell to be so stopped that no ayre may enter in, and in the meane time, you may put vnto these, of dry violets.

This asswageth all inflamations in what part so euer they be, it mollyfieth exulcer ations and stiffenes of the breast and lungs, it mitigateth hot impostumes, and the plewrisie.

113 Oyle of Quinces. D. M.

TAke of quinces with the rind halfe ripe, and ſtamp them and take of the iuice of them, aũ. equall partes, of the oyle of oliue not ripe, as much as will ſuffice, put it into the glaſſe, and ſet it in the ſunne by the ſpace of fifténe daies, then ſæth it in a double veſſell, which is, one within an other, the ſpace of foure houres, then chaunge your quinces and the iuice of them twice or thrice, and make it as you did the other, then ſtraine it and reſerue it.

This oyle fortifieth the ſtomacke, and the principall members, and the ſinowes which be loſe and weake, it doth reſtraine ouermuch ſweating, it is alſo a preſent remedie againſt all fluxes. Dioſcorides doth ſhew an other way and a better of preparing this oyle, Paulus Aginæta, calleth this oyle, Melinon, and maketh it after this ſorte, hee taketh of quinces pared, with the rind thrée ℥. of the oyle of vnripe oliues eighténe ounces, he doth ſet it in the ſunne fortie dayes.

114 Oyle of maſticke.

TAke of maſticke thrée ℥. oyle of roſes twelue ℥. of good wine eight ℥. ſæth it in a double veſſell as the other.

This oyle (as doctor Meſues doth write) is the ſecond for his vertue, it doth comfort the ſtomacke, ſinowes, the liuer, the ioyntes, it doth mollifie hard impoſtumes, and aſſwageth aches.

114 Oyle of Otter ſtones, Oleum Caſtoreum.

TAke one ℥. of Otters ſtones, and ſæth it in one lib. of the common ſallet oyle, vntill the third part bee conſumed, then keepe the oyle in the pouder of the otter ſtones, which is good for the crampe.

Oyle

115 Oyle of Euphorbe.

TAke of euphorbe ℔.3. oyle of harts eale fiue ʒ. of swéete wine as much, séeth it till the wine bee consumed, and then reserue it.

This oyle is verie good against cold diseases of the sinnowes, the ache of them, and of the iointes, the paine of the liuer, the splæne, the headach, the migram, ouer much slæping, and the forgetfull disease. Galen doth make onely of euphorbe an oyle, increasing and diminishing the euphorbe accordingly to the porcion, as it doth appeare in the second booke of compositions of medicines.

116 Oyle of a wolfe, D. M. Oleum vulpinum.

TAke a wolfe whole except the bowels, and put him in a vessel, and poure vnto him well water, and salt water, eightéene ʒ. of old oyle three lib. ten ʒ séeth this with a soft fire, with three ʒ. of salt vntill the water be consumed, then put it in a vessell, and poure vnto it of the swéet water wherein the hearbes haue béene sodden one lib., and of tyme one m. séeth them againe till the water be consumed.

This oyle is a chiefe remedie against the goute in the ioyntes, which is called, arthritica passio, against the goute in the feet, the paine in the raines, and the backe.

117 Oyle of the lyes of white wine called Oleum de tartaro.

TAke of the lyes of white wine, two lib. or els as much as you iudge best, and make it in pouder, and wrappe it in a linnen cloth, or in two, then mingle it againe with strong white vineger, afterward drye it againe vnder hote ashes, till it be very blacke, then make it in pouder againe, and set it in a vessel in a colde place, and so let it stand the space of eight dayes till it shall be resolued into an oyle, and runne, if it will not runne of it selfe, then presse it with

your hands into a glasse, with this oyle women doe annoint their faces to make them smoth and faire, it doth clense the face wonderfull well.

118. Oyle of scorpion.

TAke of scorpions twentie, moe or lesse according to their quantitie, put them into a vessell of glasse, and poure vpon them the oyle of bitter almonds two lib. stoppe the mouth and set it in the sunne thirtie dayes, then stampe it and vse it.

This oyle is the most present remedie to breake the stone in the raines or in the bladder, chiefely if the raines or the necke of the bladder or the places there about bee annointed therewith, or els if it be ministred in by the yarde, it is also made with olde oyle, and mixt with many other medicines which be good against poyson: it is also a present remedie against the pestilence, and all other poysons.

119 Oyle of Lillies.

TAke oyle of olives one lib. of the flowers of white lillies foure ʒ. make this oyle as you did the oyle of cammamill, Paulus Ægineta doth shew an other way of making of this oyle.

This oyle is verie good against womens diseases, running sores in the head, scurfe or any other breaking forth; if the place therewith be annnointed, it is also good against all diseases and aches of cold, and also inflamations annointed, with saffron, if it be dronken, it will purge choller, but it is noysome to the stomacke, it aswageth all curnels and knobbes.

120 Oyle of flowers of poppie.

TAke of the flowers and of the greene heades of poppie stamped aũ. three ʒ. of the oyle of olives not ripe, one lib.

lib. three ℥. make your oyle accordingly.

This oyle aswageth aches of heate, and causeth a man to sleepe when the occasion of waking commeth of heate, or of vapors ascending to the heade, if the temples, the nose, the eyes and the forehead be annointed therewith.

121 Oyle of Nenufar.

TAke of the oyle of olives not ripe one lib. of the flowers of nenufar greene and stamped foure ℥. keepe them in a vessell of glasse, and prepare it as ye did the oyle of violets, both to set it in the sunne, and also for the seething, the changing of the flowers, and mixing of the decoction.

This oyle hath almost the vertue of the oyle of poppie, but because it is not so cold, nor doth not so much dull the senses, therefore we may mingle with it the oyle of poppie to cause a man to sleepe the better, it doth alter a hoter complexion in what part soeuer it be laide.

122 Oyle of Mints.

TAke of the leaues of mints, and of his iuice aũ. foure ℥. of the oyle of ripe olives three lib. put these into a vessell of glasse, and set it in the sunne the space of fiftene daies, stopping the mouth close, this done, afterwarde boile them foure houres, and then straine them well, this must be done thrice, afterwarde straine them, and let them bee kept.

This oyle is good for a weake and a cold stomacke, it stoppeth vomiting and causeth digestion, it causeth appetite to meate, it mollifieth all hardnes in what part of the bodie soeuer it be.

123 Oyle of wormewood.

TAke of the buds of the tops of wormewood, and of the iuice, aũ. foure ℥. of the oyle of olives three lib. you shall make this as you did the other.

This

This doth comfort and bring heate into colde places of members, it comforteth the stomacke, and causeth good appetite, it openeth obstructions, and helpeth diseases which come of a colde cause, it killeth wormes and doth bring them forth, if it be mixt with ointments and emplastures and laide to the place.

124 Oyle of wormes, Oleum lumbricorum.

TAke of the wormes of the earth ℔. lib. of the oyle of Olives, two lib. of wine two ℥. boyle them all together and make an oyle as it is of the other.

This is comfortable to the sinowes vexed with cold, and also for the ache of the joyntes.

125 Oyle of hart ease, oleum de Cheiri.

TAke of hart ease ℔ij. ℥. the oyle of Olives two lib. the flowers of harts ease must be layd three dayes in oyle, on the fourth day seeth it well with a soft fire, this done put vnto the decoction three ℥. of the flowers of harts ease, then set it in the sunne, and keepe it.

This oyle openeth, loseth and aswageth paine of the sinowes, the joyntes, the brest, the raines and the bladder.

P 127 Pouder of violets.

TAke of flowerdeluce, ℔. lib. of roses foure ℥. of cypresse ℔.℥. of margeram, cloues, aũ. one ℥. white saunders, benes∣woine, aũ. foure ℥. of storax calamita one ℥.

128 A of Amber, pomum ambre.

TAke storax calamita one ℥ ℔. of benes∣woine two ℥. of the gumme of lade ℔.℥. of cloues, white saunders aũ. three ℥. of roses, margeram aũ. two ℥. ℔. of muske, of amber, aũ. one ℈. make your ball with the infusion or pouring in rose water.

A pou-

129 A pouder againſt the plague, Pillulæ contra peſtem.

TAke of ſinckfoly, dittan, tunis, ſcabios, the rootes of bugloſſe, aũ. ℈. ℥. kirnels of pomcitrons, the ſéede of ſorrell, aũ. foure ʒ. of coryander two ʒ. red roſes one ʒ. the ſéede of puſeline two ʒ. the ſhauing of Iuory two ʒ. of white corrall, of red corrall aũ. one ʒ. ℈. of terra ſigillata, ℈. ʒ. of bole armoniac two ʒ. mingle all them together, and make a pouder.

130 A pouder of the electuarie of bolermeniac.

TAke of the thrée kinds of ſaunders, galanga, ligni aloes, cinnamon, red corrall, red roſes, the ſéede of melons, aũ. ℈. ʒ. the roote of tunis, the roote of ſinckfolly aũ. three ʒ. the ſhauing of Iuory, of the harts horne, aũ. ʒ. ℈. one nutmége, of mace, of cubebes aũ. one ʒ. of annisſeede, of fennelſéede, of ginger aũ. gra. fiftéene, of the ſeed of sorrell, of the kirnels of pomcitrons, the ſeede of iuniper, the ſeede of the ſilke worme, of cloues aũ. ʒ. ℈. of bolearmoniac two ʒ. make a pouder thereof.

131 A pouder againſt the wormes.

TAke of wormeſéede one ʒ. of lupines ʒ. ℈. of wormewood two ʒ. of the harts horne made in pouder one ʒ. ℈. mingle them and make a pouder.

132 A pouder called Bezeardicus.

TAke of bolearmoniac two ʒ. of red roſes, the ſéede of sorrell, of the kirnels of pomcitron, the red deares horne made in pouder, the ſéede of rue, the roote dorny, of amber, the ſeede of wollthiſtle, or carduus benedictus aũ. foure ϑ. of both corrals, of ligni aloes, of ſilke not coloured nor dyed

dryed, but as it cometh from the silke worme, of the trée saunders, of perls, of the bone in the hart of the red deare, aũ. one ʒ. of the emeraud two ℈. of the pouder of perls, cinkfolly, dittan, tunis, scabios, coriander, of terra sigillata, aũ. two ʒ. of camphure two ℈. of saffron graines fiftéene, of amber two ℈. of muske foure ℈. thus make it into a pouder.

133 A confection made like suger writhen like ropes, called Penidias.

TAke of the best suger one lib. or two, and at the most thrée, put it in a vessell of brasse couered with tinne, or els in a vessell of earth couered likewise with glasse, hauing a wide mouth, the vessell of glasse is better for this purpose, melt your suger with such a quantitie as will couer it, and if your suger be verie good and strong, mingle with it, for euerie pound of it, one ℥. of honny, then sprinkle vpon it oyle of swéet almonds, if ye haue not this oyle, ye must vse some other in stead of it, and set your vessell on a fire of coales without smoake, and séeth it till the water be almost consumed, ye shall know if it bee well sodden or no, thus, take a droppe of it, and lay it on a marble stone, and touch it with your fingers, if it appeare like thréeds, and will cleaue and sticke vnto your fingers, then take it from the fire, and lay it vpon the saide stone, and draw it abroad, after that ye haue mingled it with the oyle of swéet almonds or sesamum, then gather it together againe as hote as your hands may suffer: afterwarde draw it forth againe with your hands as swéete electuaries be drawne, and then strike a crooked naile very hye in the wall, and cast it vpon the naile, and so draw it so long, till it be white: ye must keepe it by the fire so long as you doe draw it, that it may be more hote and more gentle to draw, and when ye iudge it to bee white inough, then cut it with sheares in peeces, if yee make this in round confections long, or otherwise, then take of white ammelum, breake and stamp it, and laye it

it vpon a marble stone, then cast vpon it the past of penidis, and roll it, and cut it, and make it in what kinde so euer ye will, howbeit you must make it quickly, lest it be colde betweene your hands, this done, lay it in a sieue or some other like thing nye the fire for the space of an houre, then take it and reserue it for your purpose.

134 A confection which the Pothecaries call Pignolatum.

THis confection is made with suger disolued in rose water, and well clarified, when it is sodden inough, put in pineaples pared, and let it stand and cole till it come to the forme of a hard confection, and then keepe it.

135 Pilles which a man ought alwaies to haue at hand, pillœ sine quibus. D.N.

TAke of aloes washed twelue ʒ. of the fiue kindes of myrobolance, rheubarbe, mastick, wormewood, roses, violets, sene, agaricke, dodder, aũ. one ʒ. temper them with the iuice of fennell, into the which ye shall put fire ʒ. ℈. of scammony well broken, howbeit first mingle your scammony with the iuice of fennell, then presse forth you iuice with a strayner so much as will suffice for the decoction, then make your pilles with your hands annointed with the oyle of violets or oyle oliue.

These be present pilles to purge choller, flegme, melancholie, and against euil sight which commeth of euil humors, against paines of the eyes, and iliaca passio.

136 Golden pilles, called pillulæ auræa.

TAke of aloes, diagridion aũ. fiue ʒ. of roses, the seede of smallage, aũ. two ʒ. ℈. of annisseede, fennel seede, aũ. one ʒ. ℈. of mastick one ʒ. of saffron, of the inner parte of coloquintida, thus make your pilles with the infusion of gumme tragantum.

These be very excellent pilles to purge the head, and

to amend the eyesight, the wind in the stomacke, or the bowels, they purge without any paine.

137 Pilula rahie, of doctor Rhas.

TAke of the pouder of hiera picra ten ʒ. of coloquintida three ʒ. one ϑ. of stammony two ʒ. of turbith, sticados aũ. fiue ʒ. mixe it with the sirope of sticados, and thus make your pilles.

These pilles doe purge the head, and chiefely of grosse and cold humors meruailous well, it aswageth the heade ach and the mygram.

138 Pilles of eight thinges of D.N. called exocto rebus.

TAke of aloes diagredian, aũ. two ʒ. the inner parte of coloquintida, of the flowers of the harder tyme, agaric, mastic, the third kind of myrrobolance, wormewood, aũ. one ʒ. temper them with the iuice of dwale,

139 Pilles of all the kindes of myrrobolance.

TAke the fiue kindes of myrrobolance, agaric, diagridion, coloquintida, sene, aũ. ʒ. ℔. the flowers of harder tyme, turbith, annisseede, fennell, mastic, the stone lazure, aũ. two ʒ ℔. graines fiue, of aloes one ʒ. make these pilles with the iuice of wormewood, and if ye will mingle a litle ginger with them, your pilles shall be the better.

These pilles be very good against isiatica passio, which is an ache in the hippes or huckle bone: against the goute in the feete, the splæne, they doe cleare the sight, and purge burnt choller.

140 Pilles of sweete pouder, which the Pothecaries call alefangene. D. M.

TAke of cinamon, cubebes, ligni aloes, calamus aromaticus

ticus, mace, nutmigs, cardamomum, cloues, aſarabacca, maſticke, ſquinantum, of ſpicknard, the fruit of balme, aũ. one ℥. of dry woꝛmewood, of roſes, aũ. v. ℥. beat and ſtrain theẽ, but not ſmall, then put vnto them twelue lib. of water, then ſeeth them till two parts of the water be conſumed, then rub them with your hands, and ſtraine them, and preſſe foorth the water, this done, take aloes cycatrine, one lib. waſh it in ſome little panne oꝛ ſuch like veſell of ſtone couered round about with glaſſe, ye muſt of waſh it, and with raine water, then dry it and caſt vpon it two lib. of that which you did preſſe foꝛth, ſo dry it in the ſume, then mingle with your aloes, of myrrhe, maſtick, aũ, v. ℥. of ſafron three ℥. beat them well, and caſt vpon them the reſidue of that which was ſtrained, and rub them with you hands vntill they be broken, many of ẏ Pothecaries waſh aloes with the infuſion of rhewbarbe.

Theſe pilles aſwage the griefe of the ſtomach which cometh of flegme, and purgeth the ſtomach verie well, the brayne, the inſtruments of the ſeſes from groſſe and coꝛrupt humours.

Pilles made of diuers things which the Pothecaries call pillulæ aggregatiuæ.

D. M.

TAke of the firſt kind of myrrobalance, of rhewbarbe aũ. three ℥. of the iuice of agrimony the iuice of woꝛmewood aũ. two ℥. of diagridion. fiue ℥. of the third kind of myrobolans, of agaric, of coloquintida oꝛ of holipodi aũ. two ℥. of the beſt turbith of aloes aũ. fiue ℥. of maſticke, roſes, ſalgem, the flower of harder time, anniſeede, of ginger aũ. ℥ ſ. of the electuarie of roſes as much as will ſuffice to make it thicke.

Theſe pilles be verie good againſt long agues, and thoſe which be mixt with diuers humours, and ach of the head, ſtomach, liuer, they purge coꝛrupt choller, melancholy, and and flegme, they quicken and refreſh the inſtruments of the of the ſenſes.

142 Pilles of rhewbarbe of Doctor Mesues.

TAke of rhewbarbe three ʒ. of the iuice of licoras, the iuyce of wormewood, mastick, aũ. one ʒ. of the first kind of myrobolans three ʒ. ℈. of the sæde of smallage, wild lillies, fennell aũ. ʒ. ℈. litle balles of roses which the Pothecaries call trochisti diarodon three ʒ. ℈. of hiera picra ten ʒ. make them with this water of fennell.

These pilles do cure long agues, and those which be engendred of diuers grosse humours, and they asswage the paine about the liuer, and chiefly they cure the dropsie. some Pothecaries vse this in the end of a mixt tercian, ye maye make them stronger with other simples, and as yee shall iudge best for the patient, take this in the morning two ʒ. or one ʒ. ℈.

143 Pilles of the gumme Sarcacolla.

TAke of the gumme sarcolla three ʒ. of turbith foure ʒ. of colloquintida one ʒ. of ginger ione ʒ. ℈. of salgem one ʒ. dissolue the sarcacoll in rose water, and mingle all together with it, and so make your pilles.

These pilles purge flegm, and helpe all diseases of flegme, howbeit few Phisitians vse them.

144 Pilles of Mesus, which the Pothecaries call fidæ maiores.

TAke of serapium, ammoniacum, oppoponax, soft bdellium, coloquintida, aũ. sue ʒ. of spurge, scammony three ʒ. of cinamon, spicknard, safron, the stones of the otter aũ. one ʒ. of turbith foure ʒ. of ginger one ʒ. ℈. of euphorbe one ʒ. ij. ℈. dissolue your gumme in iuice of leekes, & thereof make your pilles.

These pilles purge grosse humours, and be very good against the ache in the iointes, and the gout in the feete, against

gainst paines of the backe, knées, stomach, cholicke, and the the white leprie.

145 Pilles of euphorbe of D.M.

TAke of euphorbe, coloquintida, agaric, bdellium, serapium aũ. two ʒ. of aloes fiue ʒ, make pilles with the iuice of lékes.

These pilles be good to expell, driue out, & to purge flegme, and do mollifie, they cure the palley, and purgeth grosse humors which haue course to the iointes, and sinewes, they cure isciatica passio which is the ach in the hippes, or huckle bone of humours.

146 Pilles of D. Mesues, which the Pothecaries call lucis maioris.

TAke of roses, violets, wormewood, coloquintida, turbith & rubibes, calamus aromaticus, nutmigs, spicknard, the flower of harder time, the séede of balme, the wood of balme, siler montan, the séede of rew, squinantum, asarabacca, mastike, of cloues, cinamon, annisséede, fennell, of smallage, cassiafistula, safron, of mace aũ. two ʒ. of all the kinds of myrobolans, of rhubarbe aũ. foure ʒ. of aloes cicatrine as much as of them all, of agaric, of sene aũ. fiue ʒ. of eybright, fiue ʒ. make them with the iuice of fennell.

These be present remedies against euill sight, they purge the instruments of the senses, and superfluous humours, they kéepe the body strong and in health.

147 Pilles which the Pothecaries call pillæ lucis minoris.

TAke of the wood of balme, the séede of balme, aũ. one ʒ. of celidon fiue ʒ. of roses, violets, wormewood, eybright aũ. three ʒ. of sene, of the flowers of harder time, of all the kindes of myrobolans, of agaric,

of

of coloquintida, squinatum, of the stone licius, of the stone lazure aũ. two ʒ.℈. of aloes cycatrine as much as of them all, make them with the iuice of fennell, or celidon.

These do purge melancholy better then doth the other.

Pilles of the stone lazure, of D. Mesues.

TAke of the stone lazure washed, fiue ʒ. the flower of harder time, of spody aũ. eight ʒ. of scammony, of the best salt aũ. two ʒ.℈. of agarick, eight ʒ. make them with the iuyce of endiue.

These be excellent pilles against long diseases of melancholy, and burnt choller.

149 Pilles of the gumme bdellium.

TAke of bdellium twelue ʒ. of ammi, three ʒ. of all the kinds of myrrobolans, of amber aũ. two ʒ.℈. mingle your bdellium with the iuyce of lækes, and so make your pilles.

These pilles haue bene proued against running emrods, and the sores of them, and to stop the flowers in women.

150 Pilles of wilde lilies, of Doctor Mesues.

TAke of wilde lilies, of aloes, of the yealow myrrobolans, which is the first kind of turbith, coloquintida, of soft bdellium, of serapium aũ. sixe ʒ. the stones of the otter, which the Pothecaries call castoreum, of the gumme sarcocolla, euphorbe, opoponax, wilde rew, smalage aũ. three ʒ. of safron one ʒ.℈. mingle these with the iuice of coleworts, and make them in pilles.

Pilles

151 Pilles against arthretica passio, which is the gout in the iointes, which be called pillulæ arthreticæ.

TAke of wild lettyce, turbith, of agaric aũ. foure ʒ. of cassia fistula, of spicknard, of cloues, the wood of balme, the seed of balme, ginger, mastick, fennell, annisseed, saxifrage, sperage, knæholme or butchers broome, of roses, gromel seede, salgem aũ. ʒ. ℈. of aloes cicatrine as much as of them all, make them with the iuice of fennel.

These pilles do purge and cure arthretica passio, which is a kind of gout in in the ioynts, and in the feete.

152 Pilles for the stomach.

TAke of aloes fyre ʒ. of mastick, of roses aũ. two ʒ. make them with the iuyce of dwale.

These purge the stomach, and the head.

153 Pilles to be taken before meate, called pillulæ ante cibum.

TAke of ligni aloes, cloues, folium indicum, mastick, the wood of balme, the seede of balme, cassiafistula, mace, nutmigs, cinamon, cubebes, safron, siler montan, spicknard, two ʒ. of rhubarbe, aloes cicatrine aũ. as much of them all, mingle them with swæte wine, and make your pilles.

These pilles cause good digestion, and doo distribute meate digested.

154 Pilles of agaric.

TAke of Agaric, mastick, aũ. thræ ʒ. the rootes of lillies, horehound, aũ. one ʒ. of turbith fiue ʒ. hiera picra, thræ ʒ. of coloquintida, the gumme sarcocolla aũ. two ʒ. of myrrhe one ʒ. make these pilles with the iuice of hearbs or fruites fined either in the sunne, or by the fire: this iuice so fined is called of the Pothecaries rob.

These pilles purge the stomach from grosse humours, and

they be verie good against the shortnesse of winde and olde coughes.

155 Pilles of Fumitory.

TAke of the fiue kindes of myrrobolance, aũ. fiue ʒ. mingle them with the iuice of fumitory, then let them stand till they be dry, then sprinkle againe the iuice of fumitory, and suffer it againe to dry, and so do the third time, then let them stand till they be thicke, and so make your pilles thereof.

156 Common Pilles of Doctor Rhas.

TAke of aloes two ʒ. of saffron, of mirrhe, aũ. one ʒ. make them with swéete wine.

These pilles be much vsed of the apothecaries and phisitions, if you do take them in sommer, then your aloes must bee washed with endiue water, and if they bee taken in the plague time, then ye must put vnto them, as much bole armeniac as of aloes.

157 Pilles which the Apothecaries call Assairet Auicena.

TAke of hiera picra one ʒ. of mastic of yelow mirrobolance which is the first kinde of aũ. ʒ. ℈. of the best aloes two ʒ. make your pilles with the iuice of sticados.

These pilles be a present remedie against the head ache.

158 Pilles against the cough, called Pillulæ Bicheæ.

TAke of the iuice of licoras, ammily, tragantum, gumme arabic, swéete almonds aũ. one ʒ. of good suger three ʒ. and make them with the slimy sappe of the séede of quinces.

Pilles

159. Pilles imperiall, called Pillulæ imperiales.

TAke cinamond, ammonium, anniseed, mastick, cardamomum, ginger, fennell, mace, nutmegs, cloues, saffron, cubebes, ligni aloes, turbith, manna or sweete dew, agaric, the coddes of sene, spikenard, of the fiue kindes of mirrobolance aũ. one ℈. of rhubarbe as much as of them all, of aloes as much as of all the other, make them with sirup of roses or violets.

160. Pilles of Hiera picra Simple.

TAke of the ponders of hiera picra simple one ʒ. make them with the conserue of roses as much as will suffice.

161. A confection of fruit, called Pomatum.

TAke of the grease of a young kid, one lib. temper it with the water of muske roses the space of foure daies, then take fiue apples and dresse them and cut them in peeces and larde them with cloues, then boyle them all togither in the same water of roses in a glasse or in a vessell within another, let it boyle on the fire so long vntill all be white, then wash them with the same water of muske roses, this done, keepe it in a glasse, and if ye will haue it to smell better, ye must put vnto it a litle ciuet or muske, or them both.

These, gentlewomen do vse to make their faces smoth and faire with: it doth heale clifts in the lippes, or in anie other place.

R. 162. A confection of yoong Roses, called Rosata Nouella, of Doctor Nicholas.

TAke of roses, suger, licoras, aũ. ʒ. one ʒ. two ℈. of cinamond, ℥. ʒ. two ℈. ij. gra. of cloues, spikenard, ginger, galanga, nutmegs, setwall, storax calamita, cardamomum, sma-

smallage aũ. one ℈. gra. eight, make these into powder.

This powder stoppeth vomiting, and casting of the stomach, it fortifieth the body, it quencheth the thirst, it restoreth those which haue bene long sicke, & letteth ouer much sweating.

163 A sirope of the sower iuice of pomcitron.

TAke of the sower iuice of pomcitron twelue lib. sæth it in a vessell of glasse on the coales with a soft fire, till the third part be consumed, then straine it, and let it stande till it be cleere, then take of that which is cleere twelue lib. then poure vpon it of clære and fined Julop fiue lib. sæthe it vntill it be thicke, if it be sommer, then let it stand in the sunne till the water be consumed.

This is a present remedy against all diseases which come of grosse and corrupt humours, it is good against the pestilence, and all poysons, it doth also quench the thirst.

164 A sirope of the iuice of sorrell.

D.M.

TAke of the iuice of sorrell clarified three lib. of suger clarified two lib. make of this your sirope.

This strope is good against cholericke persons, and certaine agues, the burning of the stomach, and the heart, it is a singular remedy against plagues, and agues of corrupt humours.

165 A sirope of the greene vnripe grape.

MAke this as ye do the sirope of pomcitron, this cannot be made but onely in sommer, because the iuice that is gotten of the vnripe grape, it is not to bee gotten but at that time.

166 A sirope of Calamints.

TAke of the garden and of the wilde calamints aũ. two ʒ. of louage, yelow carrots, squinantum aũ. fiue ʒ. of raisons, of cozans picked lib. ℔. of honny two lib. make the sirope, and when ye make this sirope ye must take fiue lib. of water to boile your raisons in, then cast forth the water and take as much againe, and let it seeth till the halfe bee consumed, afterwarde put your honny vnto it and make your sirope.

This sirope is a present remedie against all diseases of flegme, and chiefely if it be hardened, it doth comfort those which haue their inwarde and principall partes colde, or short winded, or the cough: it doth purge maruellous well the stomacke, the brest, the bowels of grosse and corrupt humors.

167 A sirope of mints, of doctor Mesues.

TAke the iuice of quinces, of the iuice of solver pomgranads, cast vpon these the iuice of drye mints one lib. ℔. of rose leaues two ʒ. let it stand a day and a night, and then seeth it with a soft fire, with honny and suger, vntill the halfe be consumed: mingle with your sirrop the confection called gallia muscata, to make it more pleasant.

This sirope is good for a colde stomacke, it stoppeth vomitting, and the disposition vnto it: it taketh away the hicup and fluxes of cold.

168 A sirope of wormewood, of doctor M.

TAke of the common wormewood, lib. ℔. of red roses two ʒ. of spicknard three ʒ. of good olde wine and sweete, the iuice of quinces aũ. two lib. ℔. let it stand a daye and a night in a vessell of stone, then seeth it with a soft fire till the halfe be consumed, with two lib. of honny, and so make this sirope.

This is an excellent remedie to fortifie the stomach, and to cause good appetite, to make strong the bowels, the liuer, and chiefely when it commeth of a cold cause, it helpeth also in hote diseases, if so be it bee tempered with colde things.

169 A sirope of fumitory compound, of D. M.

TAke of all the kindes of myrobolance, aũ. twentie ʒ, of the flowers of borage or bugloss, of violets, of wormwoode, of dodder, aũ. one ʒ. of licorace, of roses aũ. ℈.ʒ. the flowers of the harder tyme, polipody aũ. seuen ʒ. of prunes a C. of raisons, of corans picked, aũ. one lib. ℈. the fruite of wilde date tree called thamarind, of cassiafistula aũ. two ʒ. let these boile in ten lib. of water till it come to three lib. then make your sirope with the iuice of fumitory, sodden and fined, and with three lib. of suger, seething them accordingly. In this sirope making, ye must obserue this order in putting in your simples, because some require more time, some lesse in seething, therefore first of all, put in polipody, then prunes, raisons, licorace, wormewood, dodder, roses, the flowers of borage, then violets and myrobolance, the flowers of harder tyme, cassiafistula, thamarinde, the which after some phisitians iudgement, they should not boile, because it is verie tender, howbeit, it pleaseth other learned men to put in it at the latter end of the decoction, and suffer it to boile once that it may the better be mixed with the other: and if a man would contend, that soft and tender simples doe diminish in boyling their moisture, then wee must answere, that they diminish not their naturall moisture, but the vnnaturall and accidentall, yee must also obserue this order which followeth, if yee wil make your sirope well, when your decoction is made, then clarifie your suger with well water, the which being sodden and clarified, then put vnto it the iuice of fumitory when it commeth nye to the fashion of a sirope:

the

the same decoction must bee sodden by litle and litle till it shall bee well and perfectly sodden, then put in your fruite thamarind, and cassiafistula, and so make an ende of your decoction.

This sirope openeth and taketh away all stoppings both of the stomach and of the liuer, and it comforteth all the members, it cureth all sores about the inwarde partes which cometh of salt and burnt water, as of the scabbe, the lepzie, and the frenche pocks.

170 A sirope of fumitory simple.

TAke of the iuice of fumitory well fined, foure lib. of suger clarified two lib. ℔. and make your sirope.

171 A sirope of licorace.

TAke of licoras two ℥. of maidenhaire one ℥. of dzye hisope ℥. ℔. cast vpon this foure lib. of water, and let it stand a day and a night, then seeth it till it bee halfe consumed, this done, put these vnto the decoction, of suger, honny, penidis, aũ. eight ℥. of rose water sixe ℥. make of these your sirope.

This is a present remedie against the plurisie, olde coughes, to purge the stomach and the lungs.

172 A sirope of hisope.

TAke of dzye hisope, of the roote of smallage, fennell, licorace aũ. ten ℥. of barly the huske taken off ℥. ℔. the seede of mallowes, the gumme tragantum, the kirnels of quinces aũ. thzee ℥. of maidenhaire sixe ℥. iuiubes, sebesten aũ. thirtie in number, raisons, of corans picked twelue ℥. dzy figs, dates moist & sappy, aũ. in number ten, of white penidis two lib. make a sirope. To this sirope making, take eight lib. of water, & seeth it till it come to thzee, then pzesse it & let it boyle with penidis, vntil it come to the forme of a sirope,

and

and in making of it, ye ought to kæpe this order for your ſimples, firſt take iuiubes, ſebeſten, raiſons, figs, dates, the rootes of ſmallage, fennel, then barley, the ſæde of malloes, and of quinces, the gumme tragantum, hiſope, and maidenhaire.

This ſirope cureth diſeaſes of the ſtomacke, the cough, the pluriſie, ſhortnes of wind, and all griefes of the bodie, and here ye muſt note, that when ſoeuer ye reade take this hearbe or that drye, it ought to bee vnderſtand of thoſe hearbes which be but ſuperficiall or litle drye.

173 A ſirope of horehound.

TAke of young and græne horehound two ℥. hiſop, drye maidenhaire, aũ. ſire ℥. licoras one ℥. of calamint, anniſſæde, the roote of ſmallage, the roote of fennell aũ. fiue ℥. the ſæde of malloes, fenigreke, flowerdeluce, aũ. thræ ℥. of linſæde, ſeede or kirnels of quinces aũ. two ℥. of raiſons, of corans picked fiue ℥. of drye figs in number fiftæne, of penidis two lib. of good honny two lib. make of this your ſirope: ye muſt take to the making of this ſirope ten lib. of water which ſhall boile till the halfe be conſumed, becauſe the honny and penidis require much ſæthing.

This ſirope doth cure olde coughes, long diſeaſes of the breſt and lunges, ſhortnes of winde, and chiefely in olde men if it come of flegmatike humors, groſſe, corrupt and hard to be diſſolued.

174 A ſirope of the flowers of harder Tyme.

TAke of the flowers of harder tyme of the garden, twentie ℥. of the two firſt kindes of myrrobolance aũ. fiftæn ℥. of dodder, of fumitorie aũ. ten ℥. of tyme, bugloſſe, calamint, of the fourth and fift kinde of myrrobolance, of licorace, polipodi, agaric, of ſticados, aũ. ſire ℥ of roſes, fennell, of anniſeede aũ. two ℥. ℈. raiſons, of corrans foure ℥. thamarind. two ℥. ℈. of ſuger foure lib. of roſes two lib. And

here

haire fiftéene ʒ. of licoras fiue ʒ. of iuiubes in number thirtie, of the séede of lettice fortie ʒ. of the séede of malloes, the kirnels of quinces, aũ. sire ʒ. séeth them in foure lib. of water, vntil the halfe be consumed, then make your sirope with eight ʒ. of suger and penidis.

This compound sirope hath the same vertue which the simple hath, but it causeth greater colde, and aswageth paine better. Doctor Mesues doth iudge it to bee good against a drye cough, and a consumption.

180 A compound sirope of myrts.

TAke of myrts twentie, of saunders white and redde, of manna or sweet dew, flowers of wilde pomgranads, barberies, aũ. fiftéene ʒ. of medlars, fiftie ʒ. of well water eight lib. boile them all vntill they be halfe consumed, then straine them, and put into the straining, the iuice of pomgranads, the iuice of quinces aũ. sire ʒ. of suger clarified thrée lib. mingle these, and make them séeth vntil they come to the fashion of a sirope.

181 A simple sirope of myrts.

TAke of the iuice of myrts twelue lib. séeth it in a vessell of glasse with a soft fire vntill the third part bee consumed, then straine it, and let it stand vntil it bee clarified, then take eight lib. of that which is clarified and put vnto it fiue lib. of honny, and seeth it till it come to the thicknes of a sirope, if it be in sommer, set it in the sunne vntil the water be consumed.

This fortifieth the stomach and all the inwarde parts, it cureth an olde cough.

182 A sirope simple of vineger called Acetosus simplex. D. N.

TAke of good white suger fiue partes, and put it in a

vessel of stone, then cast vpon it foure lib. of swéete cleare well water, and then séeth it with coales, or els with a soft fire without smoake, alwaies scumming it, and séeth till it shall be cleare, and the water halfe consumed, then put vnto it of vineger, of white wine not very strong two partes, of verie strong vineger foure partes, of new and fresh vineger three partes, seeth it vntill it be inough.

This is a present remedie against all hote diseases, colde, subtill, or grosse matter.

A compound sirrup of veniger & rootes call

183 A compound sirope of vineger and roots called acetosus compositus.

TAke of well water ten lib. put vnto it the rootes of fennell, of smalage, endiue, aũ. three ʒ. of annisseede, fennel séede, smallage séede, aũ. eight ʒ. the seede of endiue, ℈. ʒ. séeth them with a soft fire vntill they shall come to fiue lib. and then put vnto them three lib. of suger. let it be clarified as before, and mingle with it a sufficient quantitie of good vineger according to the forme of the sirope before.

This sirope purgeth grosse choller and flegme, it scoureth and openeth opilacions and obstructions which bee about the liuer, the spléene, and the raines.

184 A sirope simple of endiue.

TAke of the iuice of endiue fined eight lib. of suger clarified fiue lib. ℈. make your sirope, séething all things as in the sirope before, howbeit, first you must clarifie your honny, and when it is clarified, put in your iuice.

This is a principall medicine to aswage the heate of the liuer, the hart and the other chiefe partes, and to cure the frensy.

A com-

185 A compound sirope of endiue.

Take of the iuice of endiue, the iuice of liuerwort, aũ. three lib. these iuces must be clarified, thẽ take of roses, violets, lentils, tentewort aũ. ℔. ℥. of maidenhaire, barly the huske taken of, the foure greater cole sædes, aũ. on ℥. of suger as much as will suffice, and make your sirope, and powder it with white and red saunders, barberies, the sæde of quinces, of ligni aloes, cinamon, the rind of pomcitron aũ. one ℈.

This allwageth the great heat of the liuer, and of the heart, and of the other principall partes, it is very good for all hot complexions, it loseth, openeth all opilations, and obstructions, it doth comfort weake members, which bee troubled with heate, it doth also digest choller and sharpe matter.

186 A sirope of cichorie.

Take of endiue both of the garden, and the wilde, of both cichories, aũ. ℥. m. of gourds, liuerwort, white endiue, lettyce, fumitory, lupines, aũ. one m. barly not husked, and of alcakengy aũ. foure ℥. of licoras, maidenhaire, ceterack, tentewort, dodder aũ. sixe ℥. the rootes of fennell, and smalage, sperage, aũ. two ℥. boile them in a sufficient quantity of water, and straine them, and make your sirope with good suger, and so for euery pound of your sirope take three ℥. of rhewbarbe, and foure ℈ of spicknard, bound in a thinne pæce, which shall be often times prested till your sirope bee well sodden: the quantity that a man shall take one time is three ℥. with the water wherin the foure common cole sæds were sodden in.

187 A ſirup of Quinces.

TAke of the iuice of tart quinces fined and clarified tenne parts, of ſuger two parts, and make a ſirup thereof.

This ſtoppeth vomiting, and quencheth the thirſt, and it doth comfort the ſtomake.

188 A ſirup of Nenufar.

TAke two lib. of the floures of nenufar, and ſæthe them once, then preſſe them, and put vnto the iuice preſſed two lib. of ſuger, and ſæthe it till it come to the forme of a ſirup.

189 A ſirup of Barberries.

TAke of the iuice of barberries fined, foure lib. of ſuger clarified, three lib, and thereof make a ſirup.

190 A ſirup of tart Pomgranades.

TAke of the iuice of tart pomgranades, two lib. ℈. of ſuger clarified, foure lib. make the ſirup as before.

This ſirup is good againſt hotte agues of choller and flegme.

191 A ſirup of Bizans.

TAke of the iuice of endiue, the iuice of ſmallage, aũ. two lib. of hoppes, borage or buglos, garden or wild, aũ. ſ. lib. boyle them once, and then ſtraine them and fine them, this done, take foure lib. of the iuice clarified, of fine ſuger two lib. ℈. ſo ſæthe it with a ſoft fire vntill it be as thicke as a ſirup.

This ſirup is very good againſt agues which come of obſtructions, and of choller, flegme, and the yelow iaundize.

A

aũ. fire ʒ. of pitch liquid or moist three ʒ. and of all the other aũ. one ʒ. ℔.

This is a present ointment against wounds inflamed, and woundes in the sinowes, it doth purge them and doth bring flesh againe; The learned sorte of surgeans thinke this ointment not fit to be laid vnto hote sores nor wounds because it is of his nature hote, and so it shall cause greater inflamations, wherefore vse it rather in woundes without all inflqmations of heate.

224 An other excellent ointment called Basilicum minus, of D. M.

TAke yelow ware fire ʒ. good oyle two lib. ℔. turpentine two ʒ. rosen, dry pitch, aũ. one ʒ. ℔. fine franckinsence, mastik, aũ. one ʒ. saffron one ʒ. make your ointment.

This hath beene proued to heale broses and strokes.

225 A verie good ointment called Aureum.

TAke of rosen, pitch, ware, oyle as much as will suffise, and make your ointment therewith accordingly.

226 An ointment that is called Populeon.

TAke the buds of the populer tree one lib. ℔. blacke poppie, leaues of mandragora, the buds of the bramble, of henbane, dwale, the lesse houseleeke or stonecrop, lettis, houseleeke, burre, violets, maidenhaire aũ. three ʒ. of young swines grease not salted two lib. dry all your hearbs and boile them with your grease, and make your ointment.

This is good to anoint the temples, the pulses, and palmes of the hands, & the soales of the feete in hote agues.

227 An ointment called Marciaton of D. N.

TAke of white ware two lib. of oyle eight lib. of rosemary leaues, of lawrel aũ. eight ʒ. of rue seuen ʒ. of quickbeme

seuen ʒ. of sauin, of water mynt, sage, bassel, wilde tyme, calamint, mugwort, enulacampana, gelliflowers, branckursin, gose grease, paritary, pimpernell, egrimonie, wormewood, primrose, curage, young buds of elder, orpin, mellifoly, houselike, germander, centuarie, strawberie leaues, cinckfoly, hearbe india aũ. foure ʒ. the roote of holyhooke, cummin, myrtle, aũ. three ʒ. of fennigrecke, one ʒ. ℔. of fresh butter one ʒ. two ʒ. of nettles, violets, red poppie of the corne, of balsamum, the third kinde of myrts, and of maidenhaire, woollthistle or carduus benedictus, woodbinde, valerian, hearbe robart, sorrell of bosse, harts tongue, orreye, campyure, storax, deare suet, aũ. ℔. ʒ. the fatte of a beare, or henne, mastick aũ, one ʒ. of franckinsence ℔. ʒ. oyle of spicknard two ʒ. let all youre hearbes be gotten in May, within two dayes space if ye can gete them, and from three of the clocke in the morning vnto twelue stampe all your hearbes together, and infuse them in sweete wine seuen dayes, on the eight day seeth them with a soft fire, and when your wine doth beginne to consume, then put in your oyle and boile them altogether vntill your hearbes beginne to consume, then straine them, and cast away the hearbes and set the iuice strained on the fire againe, and when it boyleth, put in storax, and soone after the butter and the grease, oyle of spiknarde, mastick, franckinsence, ware, when the ware is all melted, then take it from the fire, stirring it alwayes in boyling till it shall be thicke, and then reserue it.

This is a singular oyntment for the headach of colde, the griefe of the breast, stomach, and against hardnesse of the spleene and the liuer, it cureth iliaca passio, which is ache or the goute in the hippes, the frensie, goute in the feete, swellings, and to be short, all aches of colde.

228 An ointment called of D. N. Aragon.

TAke rosemarie, margeram, & the rootes of wake robin, wilde

wilde time, rue, the rote of wilde cucumbers, aũ. three ʒ. ℔. the leaues of the bay tree, sage, sauin, aũ. three ʒ. of horsemint, of lawrel, nine ʒ. of brionie three ʒ. of neppe, the leaues of wilde cucumbers aũ. ℔. lib. of mastic, of frankensence aũ. seuen ʒ. of pellitory of spaine, and euphorbe, ginger, pepper, aũ. one ʒ. the oyle of a weasell ʒ. ℔. oyle which naturally runneth out of a stone, one ʒ. of the grease of a bear, the oyle of the bay tree, aũ. three ʒ. of butter foure ʒ. the common oyle or sallet oyle, fiue lib. of waxe one lib. three ʒ. gather your hearbes in June, and vse all other things as in the other ointment before, stampe them well and laie them in a morter of stone in oyle, the space of seuen daies, on the eight day set it on the fire vntill the hearbes go downe to the bottom, then straine them, and set the iuice strained on the fire againe, and when it beginneth to boyle, put in your oyle of the bay tree, the butter, the grease of the beare, and wax, and when it is melted, then put in mastick, frankensence, and at last your ginger, pepper, pellitory of spaine, euphorbe, when they be well sodden, then take all from the fire and reserue them.

This cureth aches of cold, if it be anointed after this fashion, take a shell of an egge, and warme the ointment in it at the fire, & annoint the places: when the places be annointed, laie also to the place the shell wherin the ointment was warmed, and it healeth the crampe and conuulsions, and when a man is so stiffe for colde that hee cannot moue his necke, it is good against arthritica passio which is a gout in the ioynts, and against the ache in the hippe, and against a quartaine, if so be the backe bone be therwith annointed before the fit come.

229 An ointment of Holihocke, of D. N.

TAke of the rotes of holihocke, two lib. of linseede, fenigreeke, aũ. one lib. of squilla, ℔. lib. of the oyle foure lib. of waxe one lib. of turpentine, the gumme of iuy, galban, aũ. two ʒ. of dry pitch or colophony, of rosen aũ. ℔. lib. wash

your rootes well, and beate your fenigræke and squilla all togither, then put them all into seuen lib. of water, the space of thræ daies, on the fourth day boile them till they be thick, then put them softly into a bagge and straine them, putting vnto them a litle faire hotte water, to cause the slimy iuice to straine the better, after this, take two lib. of that iuice and boile it with oyle vntill the iuice be consumed, then put in the ware, and when that is melted, put in turpentine & galbanum, the gumme of the iuy trée, the lasl, ponder of rosin and dry pitch, and when it is thicke, then take it from the fire, and make your ointment.

This doth asswage paine of the stomake of cold, the pluresie, if ye annoint therewith the place, it doth also purge heate, it mollifieth and causeth moistnes.

230 An ointment of Agrippe.

TAke of briony two lib. the roote of wilde cucumber, the roote of squilla sire ʒ. of flowerdeluce, foure ʒ. the roote of ferne two ʒ. the roote of walwort, the roote of sethistle asse two ʒ. wash your rootes twise or thrise, then beate them in a morter or marble stone, then put vnto them foure lib. of the oyle of mastick, or the common oyle, the space of two daies, howbeit if they lie fiue or sixe daies they will bee the better, because they encrease their heate, sauour & strength, boyle them on the third day vntill the rootes shall become soft, then straine them, and when they be strained, set them on the fire againe, and when it beginneth to boyle, take fiftéene ʒ. of white ware, and when the ware is melted take it from the fire, and make your ointment when it is cold.

This is a present remedie against the dropsie, and all swelling, in what part soeuer it bee, it asswageth paine in the sinowes, it prouoketh vrine, and causeth a man to bee laratiue, and it cureth paines in the raines of cold.

An

231 An ointment of Pompholix.

TAke of the oyle of roses ten ʒ. of white wax fiue ʒ. of the iuice of the berries of dwale eight ʒ. of white lead, foure ʒ. of the common lead made in pouder, of tutis a kinde of lead aũ. two ʒ. of frankensence one ʒ. Make these simples in pouder, which be fit to be made in pouder, sæthe the iuice of dwale with oyle of roses vntill the iuice be consumed, then mingle the wax with the pouders, and beate them in a morter, and make your ointment.

232 An ointment of Enula Campane.

TAke of the rote enula campana, sodden in vineger, and dryde well afterward, one lib. of swines grease and of common oyle aũ. three ʒ. of new wax one ʒ. of common salt made in pouder, ℈. ʒ. of quicke siluer and turpentine washed aũ. two ʒ. make this ointment accordingly, then take swines grease fiue ʒ. oyle of the bay træe, of quicke siluer flecked, of wax washed, of frankensence made in pouder aũ. two ʒ. of salt eight ʒ. the iuice of plantane, the iuice of fumitory, as much as will suffice, and make it after this fashion: set your iuices with the wax on the fire, with oyle of bayes, swines grease, and let them boyle vntill all be melted, then put in salt, frankensence, masticke, and boyle them all vntil the iuice be consumed, then take them from the fire and put vnto them the quicke siluer flecked, as yee did in the other ointment before, and so vse it.

This is a very strong ointment, therefore ye must take diligent hæde, lest ye touch any principall member with the ointment, because of your quicke siluer, and you must also mingle with it a great quantitie of mastieke.

234 An

234 An ointment for children which be ſcabbed.

TAke of turpentine waſhed foure ʒ. of butter waſhed two ʒ. of ſalt one ʒ. of the iuice of pomcitrons, the yolkes of egges aũ. in nomber three, oyle of roſes ʒ. Do them all togither, and make your ointment thereof.

235 A red ointment to dry.

TAke of the ſtone which is called of the Apothecaries calaminaris, of terra lemnia aũ. foure ʒ. litharge of gold, of white leade, aũ. three ʒ. camphire one ʒ. of ware fiue ʒ. oyle of roſes, oyle of violets aũ. ſixe ʒ. and make your ointment accordingly.

236 An ointment againſt Wormes.

TAke of the oyle of bitter almons one ʒ. iuice of the leaues of peaches, the iuice of motherwort aũ. ℔. ʒ. of roſes, the floure of lupines, of ẏ horne of the red deere made in pouder, aũ. one ʒ. aloes cycatrine two ʒ. ſome put vnto this two ʒ. of oxe gall, alſo take a litle quantitie of vineger, & as much hony as will ſuffice.

237 An ointment called Reſum Ptiuum.

TAke of ſwines greaſe foure ʒ. of hennes greaſe, of goſe greaſe, of ducks greaſe aũ. two ʒ. of moiſt iſope ℔. ʒ. oyle of violets, oyle of camomill, oyle of dill aũ. two ʒ. of freſhe butter one lib. of white ware ſixe ʒ. of tragantum, of the ſlimy ſappe of the kirnels of quinces, the ſlimy ſappe of linſeed, the ſlimy ſappe of holihock, the ſlimy part of the gumme arabic aũ. ℔. ʒ. mingle them togither & make your ointmẽt.

An

238 An ointment of Rhasis, Vnguentum Album.

TAke of the common oyle two lib. of fine white lead one lib. of white ware fire ℥. some Apothecaries doo put vnto these two ℥. of camphyre, make this your ointment according to the same.

This is good against all inflamations of heate.

239 An ointment called Nutritum.

TAke litharge of gold three ℥. of the common or sallet oyle, ℔. lib. of vineger three ℥. make your ointment in a morter of lead accordingly.

240 An ointment called Egiptiacum.

TAke of the floure of brasse fiue aur. of hony fourteene aur. of strong vineger, seuen aur. seethe them vntil they bee thicke and make your stropes thereof.

This is a singular good ointment against olde woundes and fistules, which stand in nede of clensing: it doth also eate away dead flesh, and also it purgeth all corruption.

241 A yelow ointment called Citrinum.

TAke of borax a kind of salt peeter, two ℥. of camphyre one ℥. of white corall ℔. ℥. of see glasse burnt one ℥. of marbon stones, of the gumme tragantum, amili, marble, of fine frankensence, and white, salt peeter aū. three ℥. of white marble two ℥. of serpentary, of white lead fire ℥. make it after this fashion, stampe your tragantum and the marbon stones in a morter of marble with an yron pestle, and stamp the other alone in the same morter, then sift them through a fine siue,

with a fine linnen cloath, with one lib. ℔. of fresh swines grease, goates grease, one ℥. ℔. hennes grease, one ℥. these greases must bee put in a skillet, or in some other such like vessell, the which vessell ought to hang in a cawdron full of water on the fire, let the water in the cawdron so boile, that the grease may melt in the skillet, by the heate of the water in the cawdron, and when it is melted, straine it through a fine cloth into a dish, and put vnto it all the powders, except camphyre and bozar, stirring it continually, vntill all go together in a lumpe, this done, mingle with it two or mo pomcitrons, stirring it alwaies, and when it beginneth to boile, put in your camphyre and bozar, it must be continually well stirred till it be colde, when it is taken from the fire, the which done, make your ointment: and here ye must note, that one pound of pouder will require eight lib. of grease.

242 An ointment called Neapolitanum, by Iohannes de Vigo.

TAke oyle of camomile, dill, of spikenard, lilies, aũ. two ℥. of swines grease, the fat of a veale, aũ. one lib. of euphorbe fiue ℥. of frankensence, ten ℥. oyle of the bay trée one ℥. ℔. grease of a viper two ℥. ℔. of quicke frogges in number fiue, of wormes washed in wine three ℥. ℔. iuice of the rootes of walwort and of enula campana, aũ. two ℥. of squinantum, of sticados, of mother wort aũ. one m. of swéete wine, two lib. boyle them all together vntill the wine bee consumed, then straine them, and put into the straining litharge of golde, one lib. of turpentine washed, two ℥. make this ointment or serotum with white ware, putting vnto it when it is almost sodden one ℥. ℔. of stact, or of the fattest and tenderest part of mirrhe, then take it from the fire, and stir it till it shall become luke warme, after this, put vnto it foure ℥. of quicke siluer slecked with your spittle, stirring it till the quicke siluer be run amongst the other simples euen like, on a lumpe.

243 An other ointment.

TAke oile of spikenard one ʒ. oile of the lées of white wine, oile of the bay trée, petroloum, of swines grease foure ʒ. of frankensence ℔. ʒ. euphorbe one ʒ. ℔. the ointment of holihocke, the ointment of agrippa aũ. one ʒ. of quicksiluer foure ʒ. mingle all togither, and make your ointment.

244 An ointment of Galen.

TAke of white wax one lib. oile of roses, three lib. let them be melted all togither and washed well and oft with cold water vntill they be white, the more this is washed, the better and stronger they will be, at the latter end wash them with a litle vineger.

245 Suger of Roses.

TAke fine suger and dissolue it with rose water, sæthe it well, then cast it on a marble stone till it bee colde and hard, afterwarde cutte it in great pæces, and reserue it.

Thus yee maye make also suger, violet and buglosse.

FINIS.

Approued medicines, most of them practised by the Translator hereof.

A good ointment and a precious, for all goutes and aches in the ioyntes.

TAke and shaue a harts horn till it come to the innermost part of the horne, then take that part and cut it in diuers small peeces, and put it into a pot with a pounde of common oyle, then fill it with wine, and boyle it till the wine be consumed, and then stir it well and let it stand a day & a night, then straine it through a cloth, and there shall come a blacke liquor, which liquor ye shall reserue, and therewith annoint your griefes in the morning and euening.

For the cold and griefes of the brest.

TAke pimpernell and seethe it in vineger and vse it, & thou shalt haue health.

For to draw teeth without any paine.

TAke the rote of cucumber and meddle it with vineger, but first seethe it and wash it well, make it in pouder and then put thereto vineger, then put it on the tothe, but loke it touch none other but that.

For the palsie ouer all the bodie.

TAke castoreum, rue and sage, then seethe them togither in wine, and giue it him to drinke.

A no-

A notable medicine destroying flegme of the heade.

TAke pellitor, saxifrage, cichory, organy, hisope, and seeth them in wine, and vse to drinke it.

For the webbe in the eye and darknes of sight.

TAke a quantitie of honny, in seething scumme it well, then take as much rennish wine, and boile them both together till the halfe be consumed, then take it off the fire and keepe it, and with that annoint the eye, and doe it in the eye, and thou shalt breake it.

If thy stomach be ouer full, and to make good disgestion.

TAke a spoonefull of mustardseede in a spoone, and reserue it drye, and so swallow it downe, and drinke a spoonefull or two of water incontinent after, and thou shalt feele thy selfe well by the morning.

To make thy face white.

TAke beanes and huske them, then lay them in vineger, or in wine a day and a night, then dry them in the sunne and make thereof a powder, with the lillie roote, and temper them together in luke warme water, and vse to wash when thou goest to sleepe, and also thy hands and necke, it maketh thee cleane, and doth away all slime and spots.

For him that hath had long a quartaine ague.

LEt him drinke dayly alwaies first and last, and he shall be whole. Also for the quartaine, take wormewood, sothernwood, and the middle pith of fraxini, then seeth it in good wine, then put vnto it suger to make it swete, and let

the sicke drinke thereof afore meate and after meate, and without doubt it shall make him hole.

To breake a core without any perill.

TAke an ounce of cantaradice, of orpement two drams, make them in pouder, and temper them with strong vineger, then lay it to the sore in maner of a plaister.

For the crampe.

OFt bathing in the water in which linseed is sodden doth away the crampe. Also tye about thy arme or legge, the bone which lyeth in the heade of a house snaile, which bone shall preserue thee. Likewise for a thorne: a gander or goose dung all fresh taken and laide to the place where thou hast a thorne it shal helpe thee.

For the piles.

TAke apostolicon and heate it at the fire, then annoint the place about: doe so three or foure times when it commeth out, and bath him in the water in which peritorie called pericaria, and the leaues of the figge tree, and porretis, or of the pericarie alone.

For milke that is crudded in the brestes.

TAke and make pellets of wheate flower and water, and swines bloud, then lay them thereto, and that shal bring out all the filth.

For a fistilo.

TAke pouder of white lime, the pouder of lorer sodden together in honny till it be thicke.

A sirope

A sirope for the same.

TAke egrimony, veruaine, annisseede, bittony, piloselle, saxifrage, pimpernell, filipendula: take the iuice of these hearbes and suger together, and vse this strope euerie day first and last, for it purgeth the matter and dryeth the fistilo.

For the cough, and the brest.

TAke the roote of enula campana, cinamon, pellitor, hisope, ciminum marubium, seeth all in wine, or in good ale, and giue it him in his meate, also the pouder called dredge pouder, to bee eaten first and last, as a soueraigne remedie.

For the aking of the teeth and gummes when they doe grieue thee.

RVbbe thy temples for the aking of the vpper teeth, and for the lower teeth, rubbe thee vnder iawes, vse this, and it will away anone.

For a sere cloth for paine in the ioyntes.

TAke olibanum, mastick, and poys garsoire, boyle them each alike on the fire, and then spreade it on the cloth, and lay it on the griefe as hote as you may, if need be, put thereunto apostolicum cirurgien.

Another. Take poys garsoire and blacke pitch, and rosin, of each alike, then boile them together, and then lay it on the cloth, and as hote as you may receyue it.

For all aches of the heade, or if thou canst not sleepe.

TAke oyle of mandrage, and anoint thy temples therewith

with, when thou goest to bed, and vse it till thou feele ease.

To know if one shall liue or dye being wounded.

GIue him the iuice of pimpernel mingled with water, and if it goe out at the wound, he shall dye, or els not.

Another. Take cinckfoly, and giue him to drinke with water, if he cast it, he shall dye.

To staunch a vaine that is cut.

TAke a swines dung, and seeth it in wine, and it is good therefore.

For red eyes, and watering eyes.

TAke catie, sarcocalla and womans milke, of each one ʒ. and water of roset.

For the webbe in the eye.

TAke oyle of wheate, water of rosh, iuice of beruine, of each alike, then boile it well in a brasen vessel, and then put it in thine eye.

To make mustillage of hollihooke.

TAke hollihooke, and seeth it in water all day, and then straine it out all hote, also make mustilage of fenecreke or of linseede, take and pound it, and cast thereto a litle hote water, and let it stand then two dayes and so reserue it.

An emplaisture of Diaquilon.

TAke muscillagine two pound, of oyle foure pound, then put them all together in a vessel ouer the fire, and let them boile till the muscillage be wasted, then put therto a pouder of alecargiry three pound, then stirre them till they be sodden like vnto pitch, but not too thinne, then straine it into a

vessell

vessel of water, and so let it cole, then make thereof pellets, your mscilage shall be of fennygrēke, and of the sēde of linsēde, and of the roote of bismalue.

An emplaister for all woundes, and it closeth them also.

TAke the iuice of pimpernell, iuice of veruine, iuice of bittonie aū. two ʒ. rosin halfe a pound, turpentine, waxe, aū. foure ℥. olibam one ℥. boile it with wine together, then put thereto the pouder olibam, of masticke, and womans milke of a man childe one ℥. then make thereof a plaister.

For noli me tangere, a spice of an ague.

BEate the leaues of rue and straine it out, then anoint the place with the iuice, and after lay thereon the substance of the rue, vse this and without doubt it shalbe hole.

An emplaister for to cause a man or woman to sleepe.

TAke henbane, opij thebaici of each thrēe ounces, iuice of poppie, the sēde cicicte, of each two ʒ. mingle them all with the white of an egge, and anoint thy forehead therewith.

An emplaister to close woundes.

TAke waxe, rosin boales, tallow, of each thrēe ℥. and pitch.

A medicine to heale flesh woundes and to knit them, within eight dayes it shall be whole.

TAke pitch thrēe ℥. litharge, red waxe and white. rosin, armoniaci, galbani, of each two ℥. oken glue sixe ℥. allam thrēe ℥. masticke two ℥. wedders tallow sixe ℥. giptianum sixe ℥. aristologia longa foure ℥. myrre, franckinsence, of each sixe ℥. turpentine two ℥. thiscoli foure ℥. the roote

galle one ℥. confond the moze and the leſſe of each two ℥. of mans bloud a pound, then ſæth a wethers ſkinne with the wolle in water, til the tallow melt that is therein: then take that water and ſtraine it, and ſet it on the fire againe, and put your oken glue, and ſtirre it well till it be halfe ſodden, then put in your white waxe and redde, and common pitch, ſoone after that, turpentine and litharge ſtirring it well for cleauing to the panne, then put in your maſticke, roſin, olibanum and myzre, then take it off the fire & put in your gummes, then ſet it on the fire againe, and put thereto pſiulum and gipſum, and wedders tallow, and mans bloud, then ſtirre it ſtill for growing to, then put in ariſtologia longa, and roſin, and laſt put in aloes, then ſæth it till the water be waſted: to know when it is well ſodden, put a dzop thereof in a cold veſſel, and ſtirre it well with thy fingers, and if it hang rough theron it is ſodden inough, or els not.

For a wound or cutte.

TAke white ſope and ſhepes ſuet in like portion, then boile it together in a ſawſer, and vſe it in tent or plaiſter and it ſhall heale.

For Sinnowes that be ſtrained or broken.

TAke in May the roote of the hedge vine which beareth redde berries, otherwiſe called the white vine, and doe vncouer his roote, then cut off the toppe thereof, and make a great hole with your knife in the middeſt, and then couer it with a tile ſtone, the ſpace of three or foure dayes, and ye ſhall ſée it full of water, take it out with a ſpoone, and put it in a cloſe glaſſe, and couer the ſaide roote ſo long as any water wil come: reſerue it, and when ye haue anie griefe, take of the ſaide water with a cloth, and lay thereon firſt and laſt, and vſe to lay the wet cloth alſo thereon, and ye ſhall ſée wonderfull experience. Probatum.

For

For purging melancholie.

IEra rufini: also it is good for the scabbe of salte flegme, called Elephacia, which is nigh the leprie. Also diacene lectuarie purgeth the spléene and the hart. Trifera saraſenica, auoideth melancholie out of the heade, stomach, liuer, and the stopping of the vaines, sinowes, the spleene, the iaundis of burnt choller.

To purge choller.

DIa prunes doth purge the stomach and liuer.

A bath against choller for women.

HOllihock, mugwort, elder flowers, willowes, violets, maidenhaire, valerian, fenycreke, linsæde, smallage, wilde tansie, wilde time, malloes, germander, hisope, wormewood, marigolds, lauender, succory, borage, langdebeefe and rosemary.

Against the stuffing about the stomach and hart in an ague.

TAke cinckfoly, auens, watercresses, harts tongue, a fennell roote, of each a quarter of a handfull, wash & broose them, and boile them with a quarte of ale, and ob. of raisons, of corans foure, licoras sticks beaten, and boyled therin till halfe be wasted, straine it and put to suger and mace, and drinke warme foure spoonefuls thereof, euening and morning.

A plaister to comfort the stomach.

TAke redde mints, lauender, cotton, tansie, crummes of breade leuened, browse them and put them all in a frying pan with vineger, and parch it dry, and lay it warme in a bagge to your stomach, remoue it not off foure or fiue daies.

To kill a tetter in your hands.

BOile oates in water, & couer it close, leauing a small hole

open, which you shall hold ouer your handes so long as yee can suffer them, and cause them to sweate, then wash therein till the saide water waxe colde, and this will heale it with once or twice.

For the piles.

TAke of haire in an olde saddle which hath beene ouer the most sweating place of the horse backe, and let the patient sit ouer a close stoole, and burne of the same haire in a chasing dish vnderneath. Vse this three or foure times euery morning, and he shall be hole.

A potion against melancholie.

TAke of suger, hoppes grene, and fumitorie, of each a handfull, seeth them to the third part in faire water with a soft fire, straine it, and make it sweete with suger or honny, drinke thereof euery morning a draught fasting, and so before supper one houre.

A bath.

TAke of fumiter and enula campana leaues, sage, fetherfue, rosemarie and wormewood, of each a handfull or two, seeth them in a sufficient quantitie of water til they be soft, and put as much as a wallnot of allam, and a litle brimstone in pouder, and therwith bath the places of your bodie affected.

An ointment.

TAke a handfull or two of docke rootes, scrape them and mince them, and beate them in a morter with fresh butter, then boile them softly on the coales, in stirring them, when they are colde, put in before a quantitie of pouder of brimstone, but straine it first, then stirre it well together, and keepe it in a boxe. Vse this after yee haue bathed, or when ye goe to bed against a good fire, and wrap yee in a sheete, and sleepe.

Against the crampe.

TAke the iuice of chickweed, and eate thereof with fresh beefe, or mutton, or in a sallet.

Mother

Mother Bowiers Medicine, a drinke to clenſe the ſtomake, to be gathered at Michaelmas.

BArre rotes, gallingale rotes, turmericke rotes, of peneriall, hearbe grace, vnſet time, the rotes of philipendula, the hearbe of oreall riall, of each a like quantitie, bruſe them and put them into a quart of malmeſie, and let them boyle till a pinte, then take thereof ſo much as yee will drinke at once, warme it, and ſo at night blod warme, probatum.

To kill a pin and a webbe.

TAke twelue or more of ſowes that breedes in poſtes of houſes, or in the barkes of trees, waſh them in ale & bruſe them, then ſtraine them with ale, & drinke it twiſe or thriſe faſting and it will helpe it; and alſo helpe the yelow iaundes, probatum.

Againſt a Conſumption.

TAke a pinte of muſcadell, a quarter of a pound of blaunched almonds, beate them well in a morter of ſtone, then put in a litle muſcadell and ſtraine it: ſo beate the almonds againe, and put in the ſaid wine as before: ſo long as any of your ſtuffe is left, then take the yolkes of two beaten egges new, and ſtraine them with the ſaid ſtuffe and ſtir it well, and put in ſo much of fine beaten ſuger, and giue it a boyling or twaine in ſtirring of it ſtill. Vſe this warme, euening and morning, foure ſpoonefuls, probatum.

An other excellent for the ſame.

TAke a quarterne of purified roſe water, put it in a pewter platter or baſon, let it ouer a chafingdiſh of coles, take cleane annilſedes and bruiſe them a litle in a morter, put thereof into your roſe water a good handfull, and put in alſo

of sliced licoras, bruised and tore in pieces, three or foure stickes, and as much of parsely rootes, the pith taken out, bruised and slised and put therein. Then last put in a good spoonefull of the tender croppes of hisope, so let them boyle from a quart to a pinte, still bruising them with a spoone as they boyle, and when it is sufficient boyld, straine it into a glasse, and take therof euening & morning a pretie draught, fast two houres after, and before meate fast two houres, vse this, it hath done woonders, quoth Maistresse Roger.

For any ache in a mans bodie gotten by a knocke or bruise.

RUbbe thereouer with a handfull of redde nettles, so vse it as ye see cause. Oft proued.

Against any Itch.

TAke of brimstone, baie salt, elecampane, all made in fine pouder, euen portions, and put it into a litle bagge, and laie it in a sawser, and put of sallet oyle vnto it, then warme it, and vse to rubbe a litle on the itching place. Proued often.

An other.

TAke bay salt, the pouder of elecampane rootes finely beaten, mixt with the oyle of flowerdeluce, and so a nightes rubbe and chafe it in against a fire. Proued true, which is also good for the crampe, taken of cold.

A declaration of certaine qualities of seedes, hearbes, floures, rootes, and waters.

THe foure greater hotte seedes, annisseede, fennell seede, comin seede, and carrowaies.

The foure lesser hotte seedes, ammi amomum, smallage,

lage, yelow carrots.

The foure greater cold sædes, gourdes, cucumbers, millons, and citrones.

The foure lesser cold sædes, endiue, succory, lettise, and purselaine.

The foure hotte ointments, maciaton, the ointment holihocke, ointment agaron, and agrippa.

The foure cold ointments. Unguentum album, citrinum, populeon, and resumptiuum.

The foure hearbes assembled to haire, harts tong, tentewort, maiden haire, and ceterac.

The fiue common rotes which do open, smallage, fennell, parsely, and sporage, and butchers broome.

The foure waters for to comfort the heart, endiue, succory, scabios, and langdebœfe.

The eight hearbes which be laxatiue, mallowes, mercury, holihock, paritarie, violets, coleworts, branckursin, and betes.

The thrée common floures which be hotte, camomile, mellilot, and lillies.

The foure common floures which be cold, violets, roses, borage, landebœfe.

FINIS.

Jane Morris

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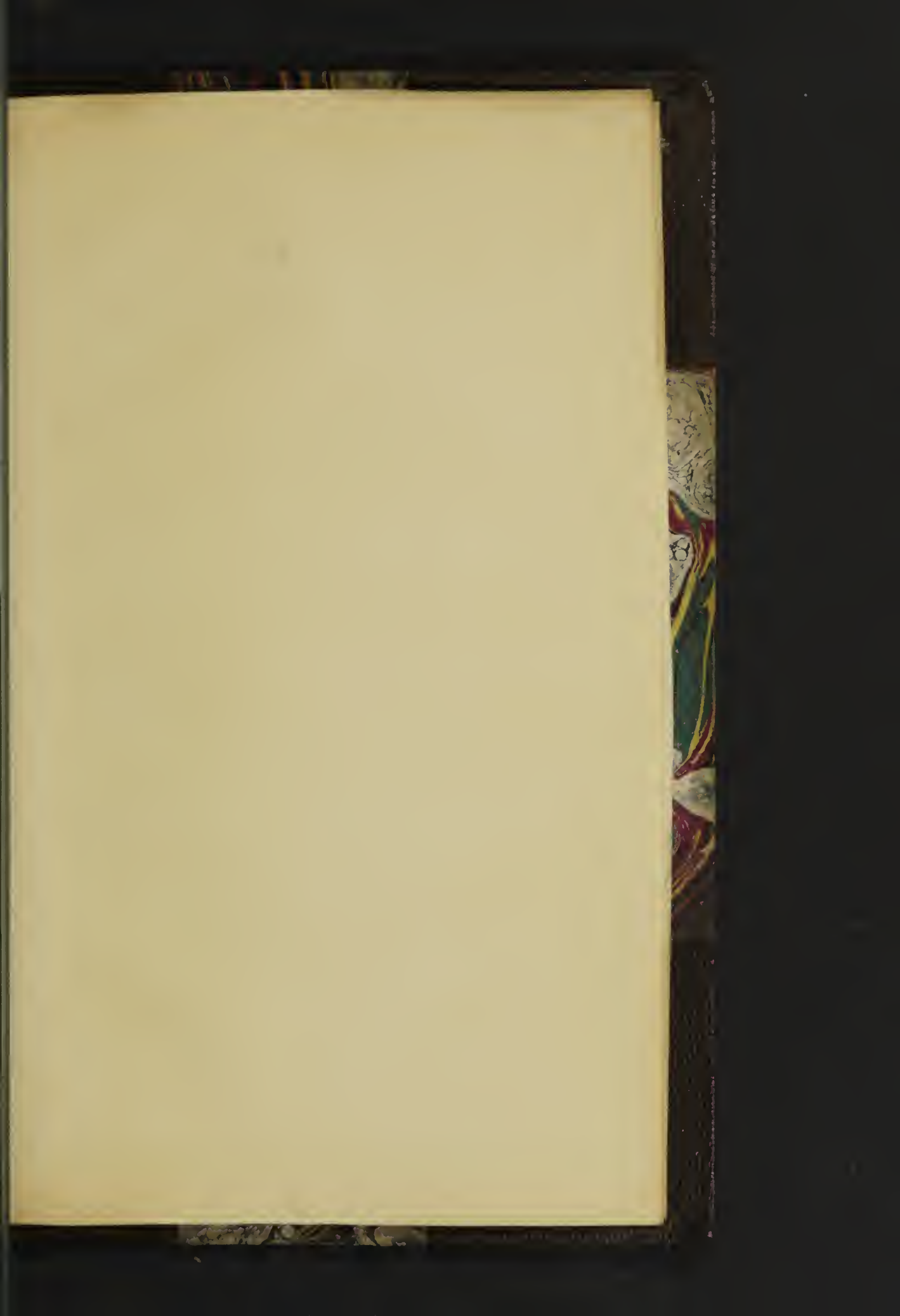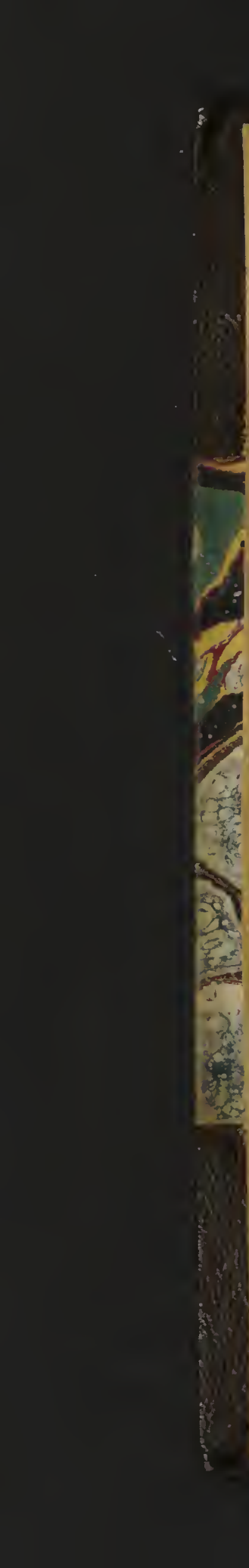
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